



BEAUTY & FITNESS  
AT THE  
SAVOY



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## THE SAVOY SIGNATURE TREATMENT

**1h 50min. £220**

Indulge yourself with this luxurious head to toe treatment. Enjoy a relaxing full body massage with an aromatherapy oil of your choice paired with a back scrub.

Complete the treatment with a 60 minute facial; The Cure - Deep Cleansing Facial or The Citrus Essence Radiance Facial.

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## MASSAGE COLLECTION BY AROMATHERAPY ASSOCIATES

### THE ULTIMATE AROMATHERAPY EXPERIENCE

**25min. (back, neck and shoulders) £70**

**50min. £120**

**80min. £150**

Carefully applied pressure stimulates the nervous system while Swedish and neuromuscular techniques relieve muscular tension.

Ideal for soothing and relaxing body and spirit.

### COUPLES HARMONY MASSAGE

**50min. £220**

**80min. £250**

We have created a calm, scented space where you and your loved one can relax and enjoy a feeling of tranquillity together.

### DE-STRESS MUSCLE RELEASE

**50min. £130**

**80min. £160**

This intensive massage works deep into stiff, tight, aching muscles, instantly releasing pain and tension.

### ULTIMATE ROSE PREGNANCY MASSAGE

**50min. £100**

The treatment has been designed to nourish and care for your skin. This top to toe treatment pays particular attention to tight shoulders and tired legs, giving you the chance to relax.

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## MASSAGE COLLECTION BY NATURA BISSE

### DIAMOND WELL-LIVING EXPERIENCE

Dare to renew yourself. Sink into this indulging texture and re-emerge with amazingly soft, nourished skin.

Feel the exfoliating magic of Dead Sea salt crystals and rice powder.

**30min. £90**

Full body scrub with your choice of oil.

**60min. £140**

The treatment is completed with a customised aromatherapy massage (2 body areas only) leaving your mind, body and skin nourished.

**90min. £170**

The treatment is completed with a customised massage that melts moisture into skin, leaving behind a lightweight veil.

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## FACIAL COLLECTION

### BY NATURA BISSE

#### THE CURE – DEEP CLEANSING FACIAL

**60min. £120**

**80min. (including extraction) £150**

An effective facial that deep cleans and detoxifies the skin while relieving stress.

Based on thermo-active enzymatic detoxification.

#### THE CITRUS ESSENCE RADIANCE FACIAL

**60min. £120**

**80min. (including back massage) £150**

A facial focused on radiance and luminosity.

A relaxing citrus aromatherapy experience that awakens your senses,

infusing the skin with all the energy of Vitamin C.

#### GENTLEMAN'S FACIAL

**60min. £120**

**80min. (including back massage) £150**

Facial treatment especially created for men's skin.

Restores vitality and comfort, due to stress, lack of time and daily shaving.

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## THE SAVOY LUXURY COLLECTION

### BY NATURA BISSE

#### DIAMOND LIFE INFUSION

**90min. £185**

An amazing "Youth Elixir" unveiling renewed skin that is soft, smooth and wonderfully rejuvenated. This sublime ritual redefines your facial contours, improves skin texture, fades wrinkles and expression lines in just one session.

#### CARBOXI EXPRESS FACIAL

**30min. £70**

Showing off pure, glowing skin is quick and easy with this amazing express treatment that revitalises the skin.

#### DIAMOND WHITE FACIAL

**60min. £160**

This luxurious anti-ageing facial will diminish the appearance of hyperpigmentation, leaving the skin with a radiant glow.

Perfect for restoring brightness and balancing skin tone while fighting dark spots.

#### FOUR WEEK FACIAL EXPERIENCE

**£605**

Experience our luxurious Diamond White Facial over a course of four weeks for maximum results. This treatment also includes a complimentary 100ml Diamond White Glowing Mask to take home.

For wedding packages, please ask for information or visit [savoy-experiences.com/vouchers](http://savoy-experiences.com/vouchers)

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## SPA ESSENTIALS

### HANDS & FEET

MANICURE £55

PEDICURE £60

GEL & MANICURE £70

GEL & PEDICURE £80

GEL REMOVAL £20

MEN'S MANICURE £45

MEN'S PEDICURE £50

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## PERSONAL TRAINER

One to one personal training from **365** BODY TRAINER

365 BodyTrainer provides an exclusive holistic approach to health, fitness and wellness, underpinned by 365's fundamental philosophies. Our specialist practitioners cover all aspects of total health and wellbeing from fitness training, yoga, pilates and complete nutritional care – providing versatile tailor made sessions.

**One to one personal training session 45min. £100 / 1h. £145**

**One to one yoga or pilates in room session 45min. £100**

## BEAUTY & FITNESS OPENING HOURS

**Monday to Friday: 7.00am to 9.00pm**

**Saturday and Sunday: 8.00am to 8.00pm**

Last entry 30 minutes before closure

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## FACILITIES

The swimming pool is unsupervised. An adult must accompany children under 16. Children under 18 may not use the gymnasium, exercise equipment, sauna or steam room.

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## AVAILABILITY, BOOKINGS AND CANCELLATION POLICY

All treatment details and prices are subject to change.

For cancellations with more than 24 hours' notice, no charge will be applied.

Cancellations with less than 24 hours' notice,

or failure to keep appointments, will be charged at 100% of the service price.

Late arrival will shorten your treatment time so please arrive 15 minutes prior to your appointment to allow time to change and relax.

TO BOOK APPOINTMENTS  
PLEASE CALL 44 (0)20 7836 4343  
OR FROM YOUR ROOM DIAL 2150