



LE ROYAL MONCEAU

RAFFLES PARIS



PRESS RELEASE

« EVENING ROUTINE »

THE NEW WELLNESS, SPORT & FUN EXPERIENCE OF
LE ROYAL MONCEAU - RAFFLES PARIS.

After the success of the "Morning Routine" launched at Le Royal Monceau - Raffles Paris in June 2022, the most Parisian of Palaces unveils a new version for evening sports lovers: « **Evening Routine** », to be discovered every Wednesday starting March 1st, 2023. This new exclusive experience offers a break that combines physical activity and good times.

Rendez-vous at 6pm for a one-hour bootcamp class with a coach at Clarins & myBlend Spa, intense and rhythmic, it will allow you to unload all the energy accumulated during the day.



After the sports class, it's time to relax, with access to the Spa facilities: swimming pool, hammam, sauna, Watsu bath... to unwind and soothe the muscles. This is an important stage of recovery to feel all the benefits of the sport activity.



The experience continues at Le Bar Long from 8pm with a cocktail and tapas for a comforting moment after the effort.

This « **Evening Routine** » experience allows you to feel a mental and physical well-being to end the evening in beauty.



Information:

Every Wednesday starting March 1st, 2023

6 people maximum per experience

Price: 190€ per person (including 1 hour of bootcamp from 6pm to 7pm, 1 access to the Spa from 7pm to 8pm and 1 cocktail & tapas at Le Bar Long from 8pm)

Reservation:

Email: contact@sparoyalmonceau.com

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About Dr Olivier Courtin-Clarins

Olivier Courtin-Clarins spent the first part of his professional life in the operating room as an orthopedic surgeon. But his family's passion for cosmetics eventually caught up with him. Deeply attached to human beings and well-being in all its forms, it was in 1995 that he decided to put his medical expertise at the service of the company. Today, as General Manager of the Clarins Group, he oversees research and development, the Institutes, Finance and, of course, My Blend, the customized skin care brand he created in 2007. In 2012, he launched his first wellness salads at the Royal Monceau – Raffles Paris "because beauty also comes through the plate". In April 2017, more committed than ever in his quest to transmit well-being and global beauty, he launched his book "Belle dans mon assiette" where he shares his vision of beauty as well as some of his healthy and gourmet recipes. Due to the success of the book, he decided to bring a few dishes to life in an ephemeral Healthy Truck in spring 2018 and evolved his first salads into wellness menus in hotels with Spas by Clarins. In spring 2020, he launches a new book "Belle dans mes recettes" in the form of a notebook of gourmet, committed, seasonal, nutritionally balanced and easy-to-make recipes. Each season begins with the special attention that must be paid to your skin to care for it.

About Le Royal Monceau – Raffles Paris

The contemporary and glamorous Le Royal Monceau - Raffles Paris reopened in 2010 as the most exciting 5-star luxury hotel in Paris, after a radical and complete two-year transformation by designer Philippe Starck. In 2015, the property's "Palace" distinction was renewed, rewarding the hotel another five years of its prestigious 5-star excellence rating. Located near the Champs-Élysées in Paris' 8th arrondissement, Le Royal Monceau – Raffles Paris, is known for its contemporary art and as a rendez-vous for artists and writers as well as luxury seekers and adventurers. The omnipresent artistic atmosphere and vibrant culture comes to life through the property's exclusive Art Concierge, the Art Bookstore, a private Art District Gallery, a 99-seat Katara Cinema theatre and an impressive private art collection. With its 149 Parisian designed bedrooms and spacious suites, including 3 private apartments, the only contemporary Palace in Paris is only steps from the Arc de Triomphe. Acclaimed for its international culinary offerings, the hotel's award-winning restaurants showcase the property's creative spirit, from the animated Long Bar to its three restaurants: 'Matsuhisa Paris' is dedicated to Japanese gastronomy from the famous Chef Nobu and 'Il Carpaccio', is a Michelin-starred Italian restaurant in collaboration with Da Vittorio family. Not to be missed are the outstanding brunches and breakfasts at La Cuisine restaurant with Pastry Chef Quentin Lechat's delicacies. Furthermore, the 1,500sqm Clarins & myBlend Spa is an award-winning paradise, featuring one of the longest swimming pool of a Parisian Palace.

leroyalmonceau.com

About Raffles

Raffles Hotels & Resorts boasts an illustrious history and some of the most prestigious hotel addresses worldwide. In 1887, Raffles Singapore set the standard for luxury hospitality, introducing the world to private butlers, the Singapore Sling and its enduring, legendary service. Today, Raffles continues this tradition in leading cities and lavish resort locales, enchanting travellers with meaningful experiences and service that is both gracious and intuitive. Connoisseurs of life choose Raffles, not merely for its aura of culture, beauty and gentility, but for the extraordinary way they feel when in residence with Raffles. Each Raffles, be it Paris, Istanbul, Warsaw, Jakarta or the Seychelles, serves as a venerated oasis where travellers arrive as guests, leave as friends and return as family. Raffles is part of Accor, a world-leading augmented hospitality group offering unique experiences in 5000 hotels and residences across 110 destinations.

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About Katara Hospitality

Katara Hospitality is a global hotel owner, developer and operator, based in Qatar. With more than 45 years' experience in the industry, Katara Hospitality actively pursues its strategic expansion plans by investing in peerless hotels in Qatar while growing its collection of iconic properties in key international markets. Katara Hospitality's portfolio has grown to include 42 owned and / or managed hotels and the company is now focused on achieving its target of 60 hotels in its portfolio by 2026. As the country's flagship hospitality organisation, Katara Hospitality supports Qatar's long term economic vision. Katara Hospitality currently owns properties spread across three continents in Qatar, Egypt, Morocco, UK, France, Germany, Italy, Spain, Switzerland, The Netherlands, Singapore and Thailand. While it partners with some of the finest hotel management companies, Katara Hospitality operates owned and non-owned hotels through its standalone operating arm, Murwab Hotel Group. Katara Hospitality has gained global recognition for its contributions to the Qatari and international hospitality landscape, through numerous prestigious accolades from the industry.

katarahospitality.com

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