

HERE,
EVERYTHING IS
ONLY ORDER AND
BEAUTY, LUXURY,
CALM AND
VOLUPTUOUSNESS.

CHARLES BAUDELAIRE



### **CLARINS**

A 100% manual method, a collection of cult products and a pioneering approach to beauty using plant extracts.

### THE PLACE

The exclusive place where Clarins legendary expertise and the high-tech beauty of myBlend meet, to offer tailor-made treatments created by Dr. Olivier Courtin.

### **MYBLEND**

Effective treatments drawing on the perfect combination of highly concentrated formulas, intense sculpting and state-of-the-art technology.

### **MYBLEND**

### **BESPOKE SYNERGISTIC TREATMENTS**

A perfect balance of complementary expertise to go beyond traditional cosmetics, guarantee exceptional results for your skin, and restore a sense of well-being.

Our specialist techniques combined with the power of non-invasive technology: LEDs, radiofrequency, micro-currents and temperature variations all deeply stimulate the skin's natural mechanisms for regeneration.

To best meet your needs, our treatments are based on a digital diagnosis of your skin and an in-depth discussion with our experts. The products and technology are selected just for you, the techniques are suitable for how your skin is feeling, and the treatment length depends on how much time is available to you.

### **CLARINS**

### **CLARINS TREATMENTS**

How? By distilling sixty-five years of professional experience into every single treatment. We get outstanding results by combining highly efficacious, plant enriched formulas with our 'Clarins Touch'. Unique-to-us techniques that optimize the rebalancing power of our therapist's hands. Our expert therapists will personalize each and every treatment to address your specific needs and concerns. Giving you visible results and an unrivalled sensorial experience.

Clarins Treatments. Expertise you can feel, results you can see.

### **SPA ACCESS**

Spa access for one day	€ 210
Extra charge required for an appointment of more than 1 hour	€ 50
Extra charge required for an appointment of less than 1 hour	€ 100

Free Spa access for any appointment over 2 hours (booked the same day).

### **CLUB SPA**

### **BECOME A MEMBER**

Several membership formulas are offered for permanent access, information upon request: contact@sparoyalmonceau.com and at the Spa front office.



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### FACIAL TREATMENTS MYBLEND

EXPRESS 30 min

Bespoke treatments lasting 30 minutes for people looking for visible results in the shortest possible time. A personalised experience focused exclusively on technology or specialist techniques boosted by the power of our LED mask.

ESSENTIALS 1h

The Essential treatments deeply stimulate your skin by combining highly concentrated formulas with intense facial sculpting, boosted by state-of-the-art technology chosen specifically for you. Effective treatments targeting your needs for an instant and visible skin transformation.

EXPERTS 1h30

Expert Treatments offering incredible results for your skin and a deep state of relaxation.

The ultimate beauty and well-being experience, expert treatments harness the regenerating power of the LED light, formulas, intense sculpting and technology chosen just for you.



### myBlend SIGNATURE TREATMENT

1h30

The myBlend Signature Treatment is an exceptional facial and body treatment for a bespoke all-new beauty experience. Our highly concentrated formulas, the power of our LED mask and technology are combined with intense sculpting to achieve outstanding results for your face and body.

## FACIAL TREATMENTS CLARINS

### **ULTRA RELAXING AROMA FACIAL**

1h

1h

This unique treatment makes it possible to disconnect from the outside world and gain a sense of balance once again. Clarins expert "Ayuroma Touch» combined with the power of plants and Clarins oils, invites you to escape and let go. Experience deep and complete relaxation thanks to a face and scalp massage. You will not only feel the treatment's benefits, but you will see them as well: your skin feels softer and looks more beautiful.

### YOUTH EXPERT

After a thorough skin diagnosis, this personalized treatment adapts to your skin's needs and the beauty results you are looking for: from stressed skin to skin that lacks firmness, and skin weakened by hormonal changes. Regardless of one's age, this treatment visibly reduces the look of first lines and those that have settled in, and also smoothes features and promotes a refreshed look. Your skin is firmer, better toned, your complexion looks more luminous.

### POWER HYDRATOR

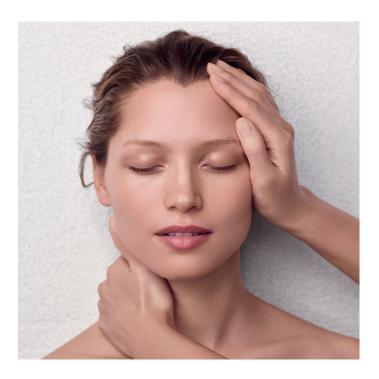
1h

This treatment pampers dry, fragile skin and is ideal for restoring corn.fort, softness and radiance. Fine lines caused by dehydration are smoothed out and tight-feeling skin is soothed. You'll regain supple skin that feels nice to the touch.

### **CLEAR SKIN REFINER**

1h

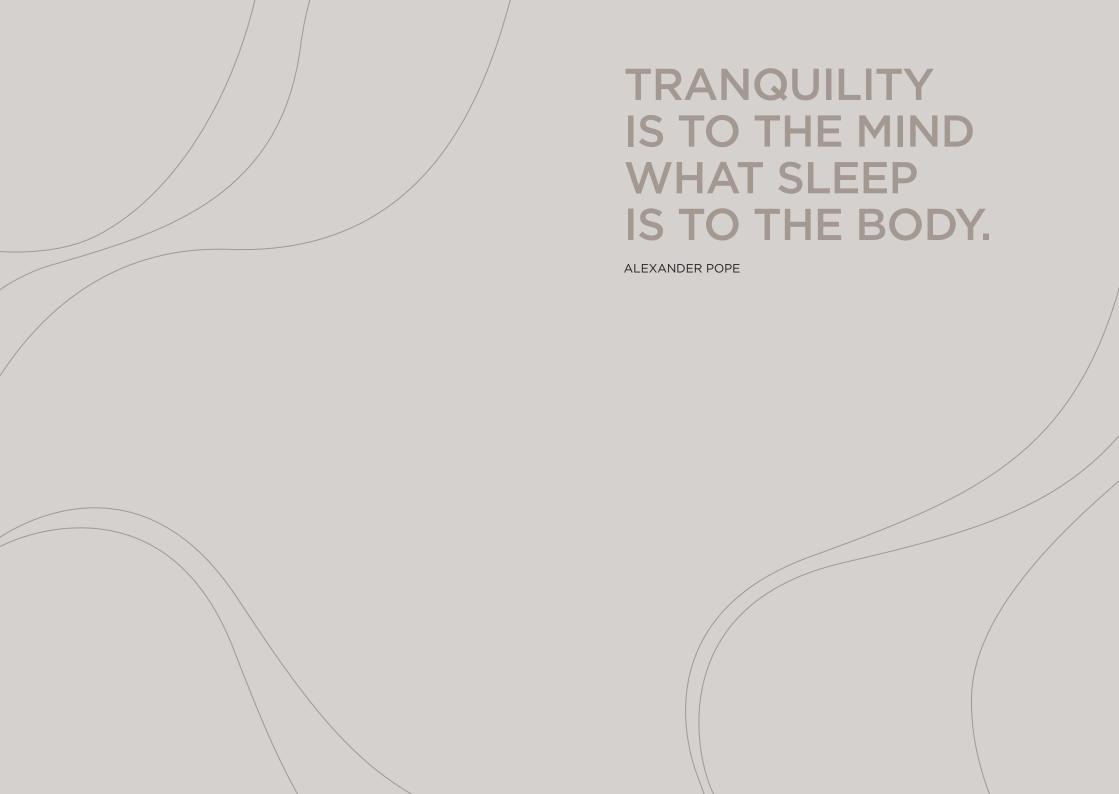
This detoxifying treatment is the perfect ally of combination or oily skin that needs to be rebalanced. Impurities are gently removed; skin shine is reduced and pores are tightened. Your skin looks clear, fresh and healthy.



### **ENERGIZING FACIAL FOR MEN**

1h

Take a break! This energizing treatment was specially developed for men's skin which is subject to external aggressions and irritation caused by shaving. It purifies, hydrates and reduces the appearance of wrinkles and dark undereye circles while energizing the skin. It is a complete treatment that promotes a deep feeling of wellbeing, instantly. You'll look rested, relaxed and completely refreshed.





# MASSAGES & BODY TREATMENTS MYBLEND

### **ENERGISING MASSAGE**

1h or 1h30

The Energising Massage combines energising touch and radiofrequency to stimulate cell regeneration, activate microcirculation and tone tissue. It wakes up the body, smooths the skin's texture and provides firmness and radiance.

### HARMONISING MASSAGE

1h or 1h30

The Harmonising Massage offers a moment of extreme relaxation, alternating between different specialist techniques to balance energy flows and relieve stress and areas of tension. The motions combine undulations and vibrations to relax your entire body, creating the ultimate feeling of well-being.

### myBlend SIGNATURE TREATMENT

1h30

The myBlend Signature Treatment is an exceptional facial and body treatment for a bespoke all-new beauty experience. Our highly concentrated formulas, the power of our LED mask and technology are combined with intense sculpting to achieve outstanding results for your face and body.

### BODY TREATMENTS CLARINS

### **BODY SILHOUETTE**

1h

This personalized slimming and firming treatment helps sculpt your silhouette. Thanks to a skin analysis carried out beforehand by the Clarins therapist, she can steer the treatment to optimize slimming/ target orange peel skin or enhance your skin's firmness and youthful qualities. This draining and filtering treatment allows you to regain smoother, more comfortable skin as well as better defined contours. It acts on skin's firmness, elasticity, suppleness and hydration so you can achieve a lighter silhouette. It's a true youthful treatment for your skin.

### **TONIE SWEET & SALTY SCRUB**

1h

A high-performance body exfoliation treatment that purifies the skin, removing all toxins. The combined use of mechanical and biological exfoliation techniques leaves the skin feeling firm and exquisitely soft.



### MASSAGES CLARINS

### THE ART OF TOUCH

1h30

A complete treatment for the face and body composed of three steps, each focusing on a different energy. The beauty therapist alternates between a balancing touch, stimulating touch and enveloping touch to help you relax, feel revitalized and regenerated from head to toe. Relaxation and complete well-being await. Spa access included.

### REBALANCING MASSAGE WITH ESSENTIAL OILS 1

This massage cairns the body, restores energy and deeply soothes muscle tension. Variable deep pressure is gaged based on muscular tensions and your desires. Choose between 'Tonic' Oil to stimulate the body and mind or 'Relax' Oil to create a feeling of absolute relaxation.

### MOTHER-TO-BE 1h

Enjoy a moment of blissful pamperingwith this treatment created especially for future mums, adapted each time by the beauty therapist, based on your needs and desires. Specifically-selected products, along with expert touch and enveloping movements, help promote relaxation, release tensions, relieve heavy-feeling legs, improve the skin's elasticity and help prevent visible marks of pregnancy.

### BACK, NECK & SHOULDER RELIEF

30 min

A relaxing massage to promote maximum well-being. It soothes and releases all tension concentrated on the back, neck and shoulders.



### **ROYAL ENERGY SIGNATURE TREATMENT**

1h30

Let this innovative, totally unprecedented face and body treatment carry you away by melting all your deep-set tension, restoring a fresh, radiant glow to your face. Spa access included.



# TAILOR-MADE MASSAGE

**APPOINTMENT** 

1h or 1h30

The expert hands of your beauty coach will adapt to your expectations and will provide you with absolute well-being.

This experience of letting go will promote total relaxation of your body and mind.

### MY CURE\*

### **FIRST APPOINTMENT**

Diagnosis and personalised My Programme **30 min**Clarins or myBlend treatments, face, body or massage **1h** 

### **FOLLOWING 9 APPOINTMENTS**

Clarins or myBlend treatments face, body or massage 1h

### **GREAT MOMENTS**

### MY ROYAL DETOX FOR HER OR HIM During the week

Private or individual coaching for 1 hour (yoga, aquatic, fitness) / Lunch at the Hotel / 1 hour myBlend or Clarins treatment / Spa access

### MY WELL-BEING BODY

1h30

Body Scrub 30 mins / myBlend or Clarins treatment 1h / Spa access  $\,$ 

### **MONCEAU PARK**

2h

Body Scrub 30 mins / Back Relief / myBlend or Clarins facial treatment 1h / Spa access

<sup>\*</sup>Validity: 1 year.

# **BEAUTY SERVICES**

### **CLARINS MAKE-UP**

Using her know-how and Clarins products, your coach will bring out your natural glow and make your personality shine forth. A perfect and radiant complexion, dazzling eyes and luscious lips. Still you, but even more beautiful.

MAKE-UP FLASH 30 min MAKE-UP DAYLIGHT 45 min

### **WAXING**

SIMPLE BIKINI

**LOW-CUT BIKINI** 

**BRAZILIAN BIKINI** 

**INTEGRAL BIKINI** 

**EYEBROWS, LIPS OR CHIN** 

**EYEBROWS CREATION** 

**EARS OR NOSE** 

**UNDERARM** 

**ARMS** 

**HALF LEGS OR THIGHS** 

**FULL LEGS** 

**BACK OR TORSO** 

### HANDS AND FOOT BEAUTY

Created in 1996, Manucurist Paris is an expert in beauty for hands, French, passionate and ethical brand. To change the codes by offering innovative nail lacquers, that are performant and also eco-friendly and meet today's women needs. Since 2017, and after 2 years of research, Manucurist launched its range of clean and green nail lacquers, safe for our health and the planet. This plant-based collection includes potatoes, manioc or even wheat and is vegan, *«9-free»* and *«cruelty free». «Good for women, clean to planet!»*.

### HAND BEAUTY

GREEN	50 min
MEN	45 min

### **FOOT BEAUTY**

GREEN	50 min
MEN	45 min

Each service includes: nail preparation - cuticle removal - nail Lacquer application - hand massage - hydrating or anti-ageing care.

# GENERAL INFORMATION

The Spa Clarins & myBlend is open to:

- residents of the Hotel Le Royal Monceau-Raffles Paris;
- members of the Club Spa Clarins & myBlend;
- members of the public, by appointment, for treatments and massages.

In room massage: from 9am to 8pm, supplement €60 From 8pm to midnight, supplement €120.

### **CANCELLATION POLICY**

Please be sure to let us know minimum 24h before your appointment if you wish to change or cancel it. Any treatment not cancelled within this time frame will be fully due. To ensure your optimal satisfaction and relaxation please arrive on time for your appointments and at least 15 minutes before your treatment is booked. Should you arrive late, we will have to shorten your treatment in order to keep our other appointments to schedule.

### WHAT TO WEAR

Your comfort and well-being are of the utmost priority to us when you are at our Spa: wearing a swimsuit is compulsory, if you forget, swimsuits are available for sale at the spa reception. We will provide disposable underwear for all treatments and massages.

### **HYGIENE AND SECURITY**

In keeping with our commitment to cleanliness, safety and hygiene, our equipment is sterilised and sanitised after every services and treatment.

Showering is compulsory before accessing the facilities, people with long hair are requested to tie them before entering the pool. The edge of the swimming pool can be slippery, we recommend the greatest vigilance.

### AGE AND GENDER CONDITIONS

Spa treatments are reserved for guests aged 18 years and over. The children under age 18 have to be under the responsibility of an adult, staying at the Royal Monceau Paris, present within the swimming pool from 10 am to 5 pm. The pool welcomes all guest. However, we request that you respect the areas around the pool ( steam bath, sauna, laconium, shower experience) which are not mixed sex areas.

#### **HEALTH CONDITIONS AND MUMS-TO-BE**

Please inform us of any health conditions when booking your appointment (eg. high blood pressure, any heart conditions and allergies). Mums-to-be can enjoy body treatments and massages from the 4th month of pregnancy. You will also be required to sign a form relating to using our Spa facilities prior to your treatment.

### **ENVIRONMENT**

Please be as quiet as possible and switch off mobile telephones to preserve the Spa's hushed and tranquil atmosphere. It is forbidden to take photographs or record videos within the Spa Clarins & myBlend. The Management cannot be held liable in the event of loss, theft or if personal items are forgotten or damaged in the Spa Clarins & myBlend. We reserve the right to privatize the Spa Clarins & myBlend.

The Spa Club team appreciates and thanks you for your consideration.

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### **OPENING HOURS SPA CLARINS & MYBLEND**

### FROM MONDAY TO SATURDAY: 7:30 AM - 10 PM

For treatments, beauty massages, coaching: 9 am - 9 pm (last appointment at 8:15 pm)

**ON SUNDAY: 7:30 AM - 8:30 PM** 

For treatments, beauty massages, coaching: 8-30 am - 8 pm (last appointment at 7:15 pm)

For everyone's comfort, we invite you to vacate the facilities 15 minutes before the spa closes.



Spa Clarins & myBlend Hôtel Le Royal Monceau - Raffles Paris - 37, avenue Hoche - 75008 Paris

> Tel. Spa: + 33 (0)1 42 99 88 99 Email: contact@sparoyalmonceau.com

> > www.leroyalmonceau.com





### FORFAIT ACCÈS SPA

### Nominatifs et valables 1 an

My Ephémère 10 - Carte 10 accès	2 000 €
My Ephémère 20 - Carte 20 accès	3 780 €
My Ephémère 30 - Carte 30 accès	4 410 €

### SPA ACCESS PACKAGE

### Personnal and valid for one year

My Ephémère 10 - 10 admission card	€2 000
My Ephémère 20 - 20 admission card	€3 780
My Ephémère 30 - 30 admission card	€4 410

LES SOINS VISAGES MYBLEND Les Express Les Essentiels	30 min 1h	115 € 195 €	MY CURE Abonnement 10h (visage ou corps) 10h + accès Spa offert à chaque soin	10 Rdv	1950€	FACIALS MY BLEND Express Essentials	30 min 1h	€115 €195	MY CURE Subscription 10h (face or body) 10h + Spa access offered at each appo	10 Rdv bintment	€1950
Les Experts Le Soin Signature myBlend  CLARINS  Soin Visage Relaxant Aroma Soin Expert Jeunesse Soin Hydratation Intense Soin Pureté Matifiant Soin Homme Énergisant Peau Neuve	1h30 1h30 1h 1h 1h 1h 1h	195 € 262 € 195 € 195 € 195 € 195 € 195 €	LES GRANDS MOMENTS  My Royal Détox Pour Elle Ou Lui  My Body Bien-Être  Parc Monceau  LES SERVICES BEAUTÉ  MAQUILLAGE  Maquillage coup d'éclat	Au choix 1h30 2h 30 min	375 € 320 € 380 €	Experts myBlend Signature Treatment  CLARINS  Ultra Relaxing Aroma Facial Youth Expert Power Hydrator Clear Skin Refiner Energizing Facial for Men	1h30 1h30 1h 1h 1h 1h 1h	€195 €262 €262 €195 €195 €195 €195	GREAT MOMENTS  My Royal Détox for Her or Him  My Well-Being Body  Monceau Park  BEAUTY SERVICES  MAKE-UP  Make-up Flash	Of your character of the original of the origi	€320 €380
LES MASSAGES & SOINS CO MYBLEND Le Massage Énergisant	ORPS	195 €	Maquillage de jour <b>BEAUTÉ DES MAINS</b> Green  Homme	45 min 50 min 45 min	105 € 75 € 70 €	MASSAGES & BODY TREATM MY BLEND Energising Massage	1ENTS	€95	Make-up Daylight  HAND BEAUTY  Green manicure  Men manicure	45 min 50 min 45 min	€105 €75 €70
Le Massage Energisant  Le Massage Harmonisant  Le Soin Signature myBlend	1h 1h30 1h 1h30 1h30	195 € 262 € 195 € 262 € 262 €	BEAUTÉ DES PIEDS Green Homme	50 min 45 min	85 € 80 €	Harmonising Massage  myBlend Signature Treatment	1h 1h30 1h 1h30 1h30	€95 €262 €195 €262	FOOT BEAUTY Green pedicure Men pedicure	50 min 45 min	€85 €80
CLARINS MASSAGES L'art Du Toucher Massage Équilibre Aux Huiles Essentielles Neuf Mois En Beauté Dos, Nuque Et Épaules Détendus Soin Signature Royal Energie SOINS Soin Expert Silhouette Gommage Tonic Sucré-Salé LES MASSAGES SUR-MESURE	1h30 1h 1h 30 min 1h30 1h 1h 1h	280 € 195 € 195 € 115 € 280 € 195 € 195 € 220 € 290 €	ÉPILATIONS  Maillot Simple  Maillot Échancré  Maillot Brésilien  Maillot Intégral  Sourcils, lèvres ou menton  Sourcils création ligne  Oreilles ou nez  Aisselles  Bras  Demi-jambes ou cuisses  Jambes entières  Dos ou torse		50 € 70 € 85 € 100 € 30 € 50 € 40 € 50 € 100 €	CLARINS MASSAGES The Art of Touch Rebalancing Massage with Essential Oils Mother-to-Be Back, Neck & Shoulder Relief Royal Energy Signature Treatment SOINS Body Silhouette Tonic Sweet & Salty Scrub TAILOR-MADE MASSAGE	1h30 1h 1h 30 min 1h30 1h 1h	€280 €195 €195 €115 €280 €195 €195 €220 €290	Simple bikini Low-cut bikini Brazilian bikini Integral bikini Eyebrows, lips or chin Eyebrows creation Ears or nose Underarm Arms Half legs or thighs Full legs Back or torso		€50 €70 €85 €100 €30 €50 €40 €50 €60 €70 €100

### SPA CLARINS & MYBLEND

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