

S O F I T E L

S P A A

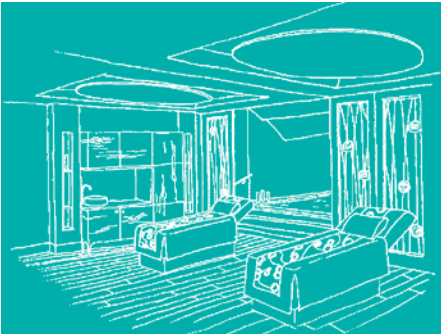
M E N U

Desire to escape the hustle and bustle of the city? In the heart of Cairo, discover Sofitel SPA by Sofitel where the direct view of the Nile River, candlelight, smooth music and fragrance are staged to create a moment of total relaxation.

Awaken your senses and feel re-energized; explore an exhilarating and rejuvenating Spa experience where ancient traditions from around the world meet the refinement and skill of the latest in French cosmetology.

Make the stress and strains of the daily life fade away with our menu, inspired by gastronomy and two highly prestigious brands from French cosmetology, Phitomer and Jeanne Habashi.

PHYTOMER gives life to the purest and highest performing marine ingredients OLIGOMER®. This scientific achievement is a guarantee of an exceptional level of effectiveness and sensoriality; while Jeanne Habashi - Le Caire, the first luxury cosmetics brand born in the motherland of cosmetology, revives Ancient secrets of the Ancient Egyptians with the ultimate technologies in cosmetology.



Sofitel SPA welcomes you from 8am to 10pm every day

- ⓕ Facial Treatment
- ⓑ Body Treatment

# À LA CARTE

## SIGNATURE TREATMENTS

### **So Rejuvenating Facial Treatment** ⓕ

60 minutes 130 USD

Luxurious blend of products, combine harmoniously with the latest in French skincare techniques to help restore a youthful complexion.

### **So Exhilarating Body Massage** ⓑ

60 minutes 120 USD

Euphoric and soothing body massage using signature techniques that will shape and tone your silhouette.

## SPECIALS FROM EGYPT

### **Cleopatra's Secret** ⓑ

120 minutes 210 USD

The beauty ritual of Queen Cleopatra. Starting with an exfoliating full body scrub followed by a relaxing full body massage and finishing up with extend youth facial.

### **Nubian Hammam** ⓑ

120 minutes 210 USD

A ritual that takes you on a journey of discovering the Ancient Arabian tradition. An application of Olive oil based black soap prepare your skin to an exfoliating scrub with A kessa" glove and a detoxifying body wrap of Clay will renew and deep detoxifying your skin. A full body massage completes the experience for a feeling of ultimate relaxation and wellbeing.

## STARTERS

### **ENERGISING VITANIN C BODY RENEWAL**

30 minutes 60 USD / 60 minutes 100 USD

Lemon and sugar exfoliate and calm skin with cooling, and mandarin helps brighten and reveal youthful skin.

### **ORGANIC CINNAMON BODY BOOST BODY RENEWAL**

30 minutes 60 USD / 60 minutes 100 USD

Invigorating cinnamon blends with sugar to refine skin, warm and neutralise free radicals.

### **STIMULATING ARABIC COFFEE BUFF** ⓑ

30 minutes 60 USD / 60 minutes 100 USD

Rehydrating with luxurious Arabic coffee and Vitamin E oil fully refreshes skin.

### **SATIN SHIMMER SALT CRYSTAL EXFOLIATION** ⓑ

30 minutes 60 USD / 60 minutes 100 USD

Delivers an ideal supply for all trace elements,strengthens the skin and helps prevent cellular fatigue.

### **SEAWEED BODY WRAP** ⓑ

30 minutes 75 USD / 60 minutes 130 USD

seaweed body masque that will leave you cooled detoxified and your skin re-mineralized.

### **CONTOURING MARINE BODY WRAP** ⓑ

30 minutes 75 USD / 60 minutes 130 USD

Heals and nourishes to prevent signs of ageing and leave you glowing with ultra soft and moisturized skin.

### **DEAD SEA REPRIEVE** ⓑ

30 minutes 75 USD / 60 minutes 130 USD

Reduce water retention and treat the signs of cellulite by tightening and toning skin.

## WORLD'S BEST FACIALS

### **PIONEER TREATMENT**

#### **Youth Revealing Global anti-age (F)**

60 minutes 125 USD / 90 minutes 150 USD

This treatment reaches the height of Biotechnological performance and restores the skin's youthfulness, softness and luminosity.

Results: The skin is smoother and firmer and glows with new radiance.

### **WHITE LUMINATION (F)**

#### **Brightening Radiance Treatment**

60 minutes 125 USD / 90 minutes 150 USD

This very complete treatment offers skin cleansing along with chemical exfoliation in order to encourage a "new skin" effect. This is followed by a face massage carried out with the new Perfecting Massage cream, an advanced professional product formulated to combine brightening action, dark spot correction and action on wrinkles. The application of the new Luminous Complexion Mask, plasticizing with Vitamin C delivers a final burst of radiance for a glowing face.

### **EXTEND YOUTH FACIAL (F)**

60 minutes 125 USD / 90 minutes 150 USD

"The exceptional regenerating power of daimond and caviar with anti-aging properties to sublimate the face.

The entirely natural treatment takes inspiration from the precious metal's rich history of beautifying traditions. Activates its lifting, firming and lightening results. At the end, sumptuously soft, measurably rejuvenated skin is unveiled."

### **POWER OF NATURE (F)**

60 minutes 125 USD / 90 minutes 150 USD

Energizing with a rejuvenating enzyme exfoliation and collagen masque, the overall texture with essential vitamins soothes, nourishes and refreshes the skin.

## MAINS

### REVISITED CLASSICS

#### **AROMATHERAPY MASSAGE** Ⓟ

60 minutes 120 USD / 90 minutes 165 USD

A deeply relaxing massage that is customized to your specific needs made with natural Almond oil and pure essential oils.

#### **BALINESE MASSAGE** Ⓟ

90 minutes 165 USD

Balinese massage is a luxurious spa treatment and an excellent choice if you want to experience a variety of massage techniques. Gentle stretches, acupressure and aroma-therapy oils will make you relax and feel spiritually renewed at the same time.

#### **SPORT MASSAGE** Ⓟ

60 Minutes 125 USD / 90 Minutes 170 USD

A therapeutic full body deep tissue massage is specifically designed for those in need of more intense session and firmer pressure. It focuses on tension areas to relax and stretch the muscles using intense strokes. Ideal to relieve pains and stiffness caused by physical activities.

#### **THAI MASSAGE** Ⓟ

60 Minutes 125 USD / 90 Minutes 170 USD

Developed by Buddha's physician more than 2500 years ago in India. For centuries Thai massage was performed by Monks as one of the component of Thai medicine. Thai massage is a dry massage using passive stretching and gentle pressure along energy lines, contributing to a sense of ease and wellbeing. Thai massage stimulates and release tense muscles, reduce stress, improves circulation, increases energy, centers mind and body.

### **HOT STONE MASSAGE** ®

90 minutes 170 USD

Experience a luxurious full body massage using hot stones that will make a deep level of calmness while relaxing tight muscles, removing blockages and dissolving stress. You will leave the Spa feeling renewed and energized through the healing properties of these natural and volcanic stones.

### **HERBAL POULTICE** ®

90 minutes 170 USD

A poultice of thermodynamic herbs and Pink salt is used to enhance massage therapy by generating heat, relaxing knots and restoring the range of motion to muscles and joints.

## **COUPLE CONNECTION**

**SoUs** ®

90 minutes 280 USD per couple

Amplify your love at the incomparable and quixotic Sofitel Spa. We work to ensure that love, harmony and good health radiates from within you, Enjoy the deep relaxation of massage followed by an aromatic bath adorn with candle lights.

## DESSERTS

### **FOOT RITUAL** <sup>ⓑ</sup>

30 minutes 65 USD

A targeted treatment to comfort and relieve tired feet, as well as visibly enhance their appearance. This massage will leave you floating on your feet.

### **BACK RITUAL**

30 minutes 65 USD

Focusing primarily on the back, shoulders and neck area, this deep back massage will help to relieve tension and stiff aching muscles.

### **SCALP RITUAL**

30 minutes 65 USD

Nourishing and protecting, locally-harvested hibiscus combines with coconut oil for a targeted scalp massage using traditional techniques to protect and nourish scalp and hair.

### **FACIAL RITUAL**

30 minutes 80 USD

This express facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged.

### **HAMMAM HEAVEN**

60 minutes 100 USD

Inspired Moroccan Hammam experience begins with a steam bath with an application of black soap, a purifying exfoliation using a special «kessa» glove; the ritual culminates in a nourishing application of VITAMIN E Almond Oil.



### **ARRIVAL AT SOFITEL SPA**

To enhance your Spa experience, we encourage you to arrive 20 minutes prior to your treatment. Throw off your shoes and indulge yourself with our luxurious robes and slippers, leave your cares at the door and unwind in our calming, therapeutic and relaxed environment. Give yourself time prior to your treatment to optimize the overall effects, and completely re-balance your mind, body and spirit.

#### **Gift Voucher**

A perfect and refined gift that suits every occasion. Our Sofitel SPA Team is at your full disposal for advice to customize your gift voucher.

### **RESERVATIONS**

Bookings made by hotel guests directly with Sofitel SPA are guaranteed by the signing of a reservation. Bookings made by external guests directly with Sofitel SPA may be secured by a credit card or cash payment.

### **CANCELLATION POLICY**

Cancellation is free of charge if made 24 hours in advance. Hotel guests must give four hours notice, after which the full cost of the treatments will be charged.

### **LATE ARRIVAL**

Out of respect for other client's reservations, we advise you that we are unable to extend your treatment time in case of your late arrival.

S O F I T E L  
S P A A

**SOFITEL CAIRO NILE EL GEZIRAH**

3 Thawra Council St. - 11518 - Zamalek - Cairo - Egypt

Tel.: + 202 2737 37 37 Ext.: 8101

Tel.: (Dir.): + 202 2739 82 57

Fax: + 202 2736 36 40

Email: H5307-th@sofitel.com

[www.sofitel-cairo-nile-elgezirah.com](http://www.sofitel-cairo-nile-elgezirah.com)

[www.sofitel.com](http://www.sofitel.com)