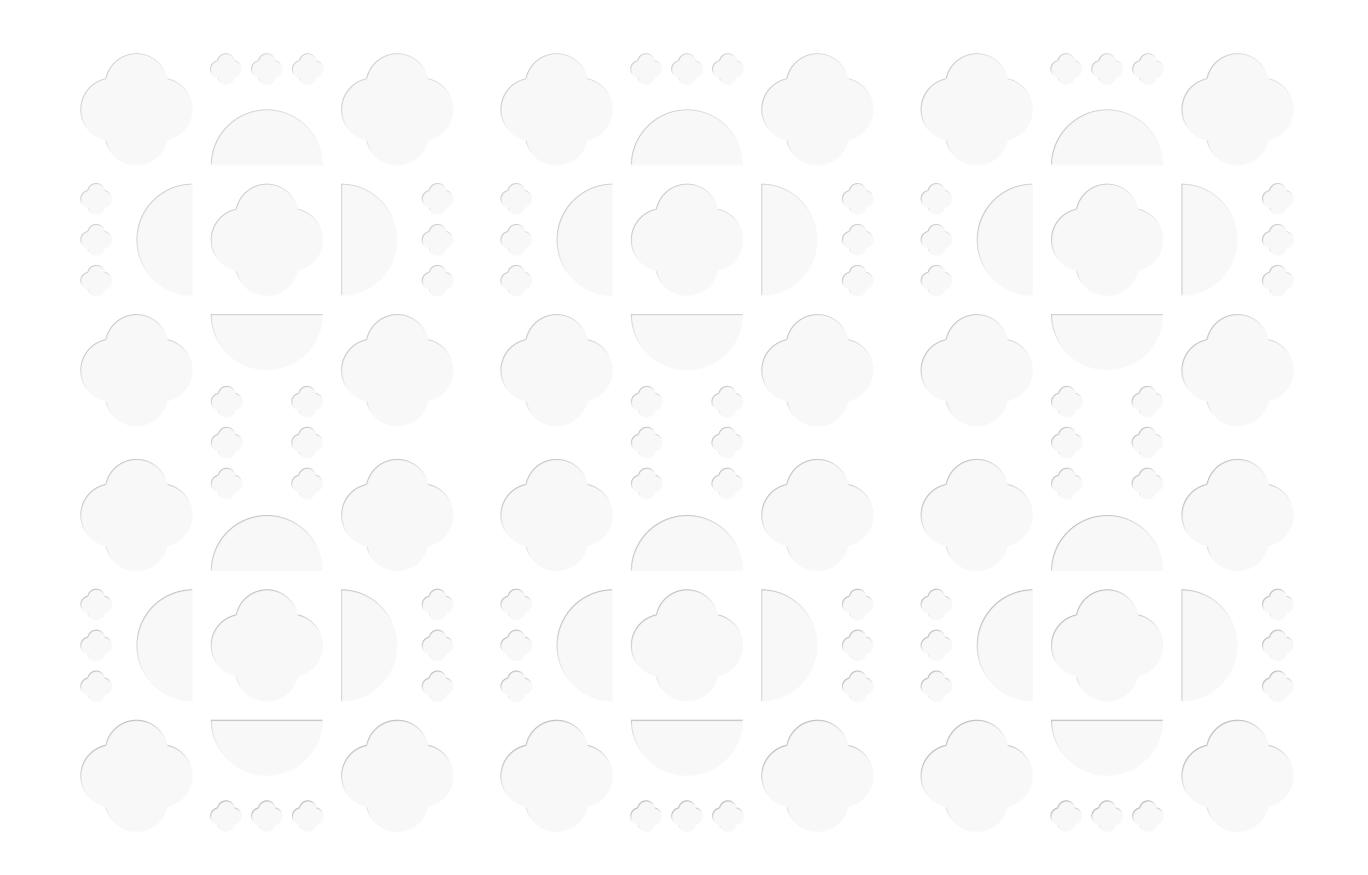
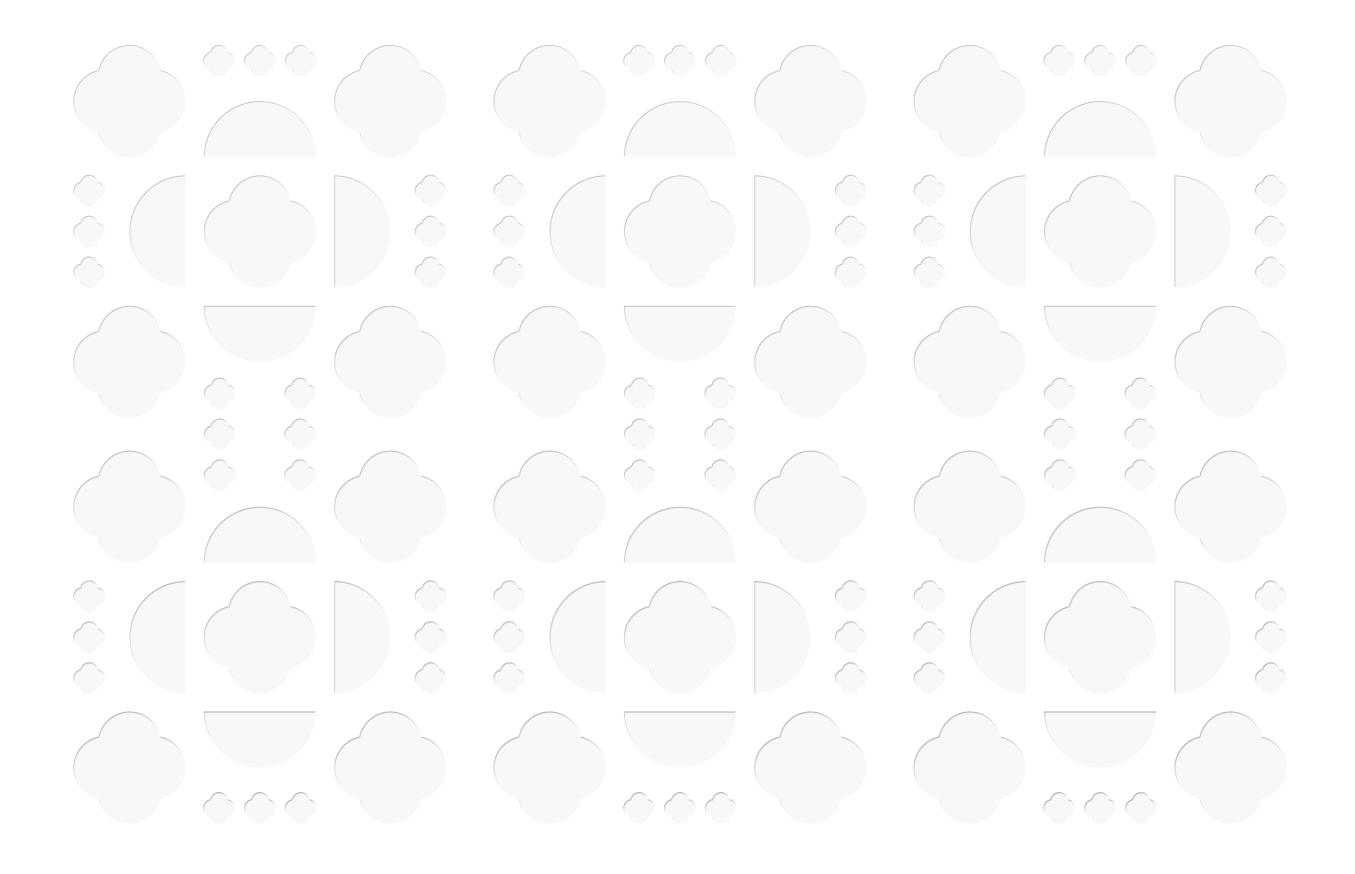


RAFFLES SPA



Powerfully restorative therapies and blissfully indulgent experiences in a luxurious haven of personal wellbeing



# DR.BURGENER CUSTOMISED FACIALS

#### Repairing Gold & Green Caviar Facial 90 min QAR 1,700

Using the latest skincare technology, this treatment deeply nourishes and repairs skin in need of a regenerative boost. Ultrasound waves penetrate at a cellular level to deliver an intense dose of the extracted pearls from Okinawa Island, finely combined with the antioxidant power of the gold trace elements to repair and revamp the skin.

Results: Antioxidant, repairs cells damage, improves signs of aging

#### Lifting & Firming Collagen Facial 90 min QAR 1,700

Experience an advanced treatment for a firmer, smoother and more uniform complexion. First, ultrasound waves boost natural collagen and elastin production, stimulating the skin from the inside out. Then further firming and repair is activated by acacia collagen cream and a collagen mask created through biotechnology.

Results: Volumizing, firming, lifting

### WELLNESS MASSAGES

#### Total Bliss Massage

90 min QAR 1,300

This transformative and indulgent massage helps you recover from the stresses of everyday life, turning exhaustion into relaxation and enabling busy minds to unwind. Its soothing effect can relieve muscle tension, increase blood circulation, combat anxiety and improve sleep quality. The cooling and calming oil blends are created for sensitive skin.

#### Detox Body Massage

90 min QAR 1,300

For anyone suffering from fatigue or adrenal stress, detox massage therapy should be a core part of your self-care routine. It helps tone the body, keep your head clear and generally enhance the effects of eating well and a healthy lifestyle. The health-promoting process also jumpstarts your lymphatic system, which is vital in boosting the immune system.

#### Muscle Ease Massage

60 min QAR 1,000

This thorough deep-tissue massage is designed to increase body flexibility, relieve muscle tightness, improve blood circulation, and shorten recovery time from sports injuries and muscle pain. The sublime oil is a powerful balm for congestion; aches, stiffness and pain in the muscles or joints; and promoting a healthier immune response.

## TRANSFORMATIVE JOURNEYS

#### A Gentleman's Day

2.5hrs QAR 2,250

For active men and constant travellers, this customised wellbeing experience balances and restores energy and maintains immunity, muscle strength and healthy skin. First, a zesty body polish invigorates and renews. Next, a full-body detox massage transports you to a place of deep relaxation and aids adrenal fatigue. Finally, feel tension drift away as your skin is cleansed and balanced with a hydration facial.

#### Rejuvenate & Restore Journey

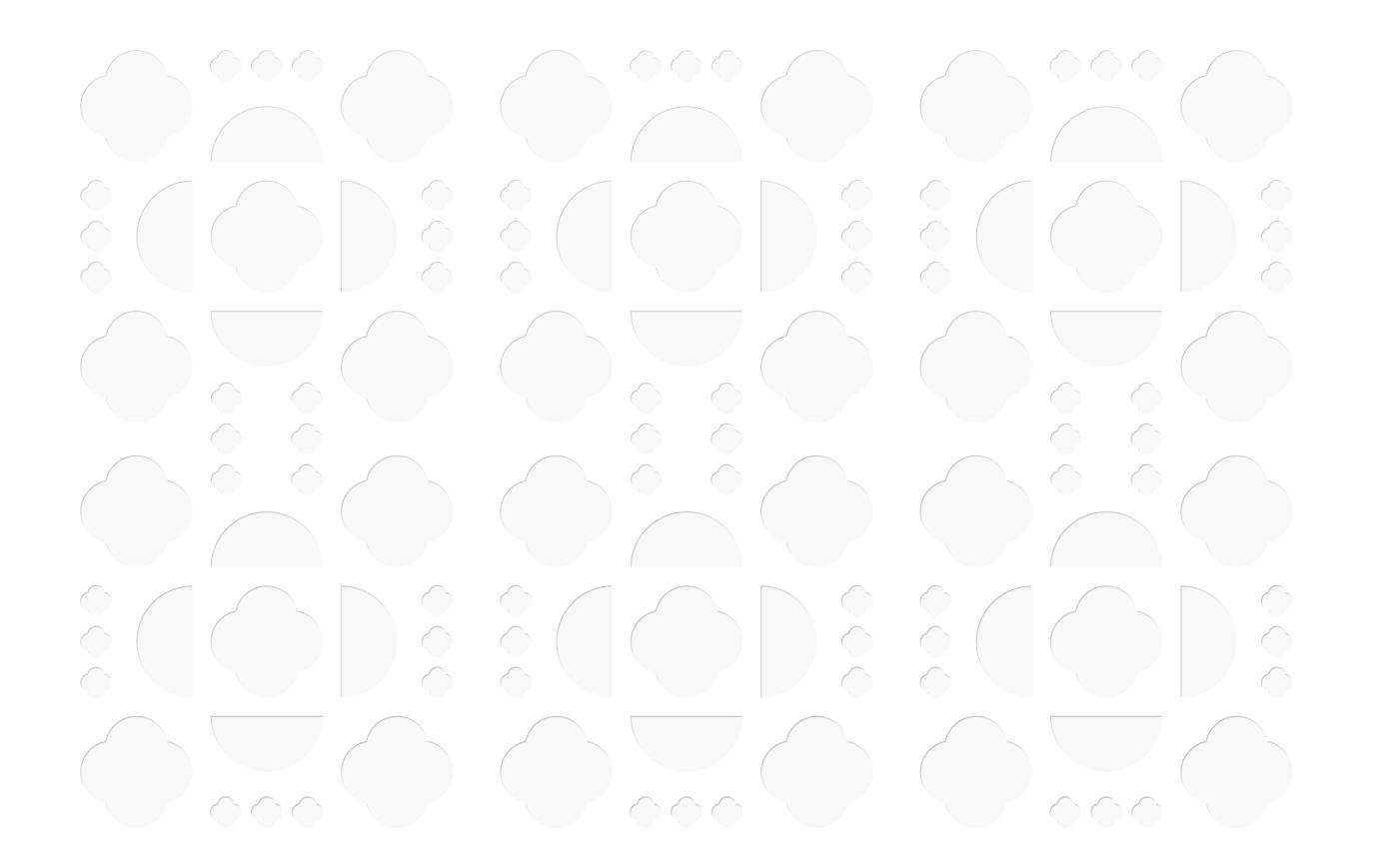
2hrs QAR 1,900

This revitalising journey begins with a mineral-rich, aromatic foot soak. Next follows a luxurious customised massage with a choice of aromatic oils. Lastly, you'll be treated to a sublime age-defying facial using collagen-boosting actives to promote a healthy glow.

#### Cellular Restoration Journey

3.5hrs QAR 3,500

Harnessing the power of potent active ingredients, this indulgent treatment experience restores cellular radiance and vitality. The regenerative process begins with a purifying body exfoliation, with your choice from a selection of phytonutrient-rich wraps to tightly tone the skin. Then enter a state of deep relaxation with our signature Ayurvedic Marma massage before completing your journey with a customised age-defying facial.



Escape. Indulge. Transform.

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