
THE SUN AND SPIRIT IN BALANCE

We rise with the sun at dawn; we rest with it at dusk. All through the day, it illuminates Istanbul like nowhere else on Earth, pushing our bodies to play, urging us to explore the streets, trails and beaches.

At Fairmont Spa, we channel this fundamental energy to you through treatments designed to enliven your skin, restore your muscles and soothe your spirit. Here, we unite ancient modalities of movement with sophisticated technologies to transform our awareness of what our bodies can achieve.

We invite you to share this space with us and begin your own story of connection to the glamour of the city and the elemental brilliance of the sun, but most of all, to yourself.

FAIRMONT SPA, PRODUCT PHILOSOPHY

Fairmont Spa, places emphasis on many aspects when choosing spa products for each of our spas around the world. With luxury in mind, each brand selected demands quality and result-driven treatments, which are personalised to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, which reflects our social responsibility. Our relationships with the product houses are important to ensure that we have premium spa products and training available for every encounter with our guests.

Guinot

Guinot is a French facial and body treatment care brand that is focused on visible and long-lasting results. The primary goal is to repair and rejuvenate damaged cells. As a result of this renewal, the products create an anti-aging barrier and revitalizes the skin's texture, thus allowing your skin to be healthier and to be glowing.

Guinot's plant based products that are grown within their high-tech laboratories in France will help you feel better once applied with the correct massage techniques.

Mansard

Laboratories MANSARD offer a unique experience at the crossroads of technology and phytotherapy.

Herbal science is in the heart of their philosophy helping to get the most out of professional beauty treatments with an immediate result.

The efficiency of their products and treatments comes from an exceptional concentrations of up to more than 30% of active components in their formulas.

LIFESTYLE MEMBERSHIPS

We understand that exercise is an essential part of daily life—especially for those who travel often. That's why at Fairmont Quasar Istanbul, we offer a lifestyle experience designed to meet all your wellness needs. Our spacious and comfortable fitness areas are equipped with state-of-the-art Technogym® equipment, tailored to help you reach your personal health goals.

Our wellness professionals take into account your fitness level, age, and individual needs to create the most suitable training programs and guide you every step of the way.

Fairmont Lifestyle memberships offer a curated selection of exclusive benefits that cater to your daily needs, including access to fitness, spa, and dining. Whether you're looking to stay in shape or simply unwind, Fairmont Spa & Fitness invites you to make well-being a part of your everyday life.

As a valued member you will enjoy the following benefits:

- Benefits based on your membership type
- Use of facilities including fitness and wet areas
- Use of the indoor pool
- Relaxation areas
- Privileged pricing on our lifestyle offers include spas, retail and restaurants

HYDROTHERAPY EXPERIENCES

Steam Room Wellness

Maintained at 42-45°C, this humid, aromatic heat experience is highly beneficial for those that suffer from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session last 10-15 minutes and that you keep your body well hydrated afterwards. Humid heat is especially beneficial before or after a massage treatment to increase circulation.

Sauna Wellness

Maintained between 80-85°C, this dry heat soothes and warms the muscles, relieving tension from your body and minimising joint pain. This is especially beneficial for those who suffer from illnesses such as arthritis, painful migraines, and headaches, or as a way of warming the body after an intense workout or treating the common cold. Dry heat is recommended for 10-15 minutes daily and it is important to ensure that your body is kept well hydrated afterwards.

Ice Fountains

Ice Fountains' temperatures range from 4-15 degree Celsius. After exposure to a hot environment, crushed ice can be applied to limbs gently to selectively cool the body, speed up the body cool down process and dilate the blood vessels to decrease blood pressure.

Experience Showers

Experience showers have a unique variety of multi temperature water sequences, combined with soothing warm and cold jets to relax the body.

Indoor Swimming Pool

Located on Spa (S) floor and bathed in natural light, the indoor pool is the ideal spot for rest and relaxation.



OUR SIGNATURE TREATMENTS

TURKISH COFFEE AND COCONUT SENSORY OASIS - 120 MINUTES

Combining the newest innovations in skincare with local authentic touches this treatment provides the ultimate sensory journey from head to toe. Begin your signature expression with a full body coffee grain exfoliation working to remove dry skin also benefiting cellulite by increasing the circulation. Next, melt into the table with a full body massage using the nurturing coconut oil and the heated herbal poultice filled with local inspirations of cinnamon and cardamom. Your body is cocooned in a wrap and you relish in a refreshing facial. This treatment features a creamy coffee and cookies.

PEACE OF MIND - 150 MINUTES

Beginning with the calm mind ritual, your head and neck are brought through a series of gentle stretches to release tension with peppermint and lavender to support your breaths. Benefit from the therapeutic effects of magnesium with a full body muscular release massage known for its detoxifying muscle relief properties which are best absorbed through the skin. Finish with a soothing foot massage.

*Your therapist will advise on the facial treatment you should receive based on your skin type.



SKIN CARE

The sun shines on us, charging us up with the energy we need to get the most out of our days. Your skin deserves to shine too, no matter where you're headed or what you're doing. That's why our skin care treatments feature performance-driven botanical products from Guinot and Qaratau.

REVEAL SKIN ANALYSIS

15 min

A true facial assessment using the Reveal Analysis Machine. Using the Reveal complexion analysis system, your expert spa therapist will provide a personalised skin analysis detailing your unique skin profile. Areas of focus include wrinkles, UV spots, brown spots and skin texture not visible to the naked eye. Once your skin is compared to that of your age group, a personalized report will outline the recommended treatment programme to work on concerned areas.

SHINE AND ILLUMINATING CARE RITUAL

75 min

This treatment, which contains DNA extracts, collagen, hyaluronic acid, proteins and plant extracts, helps the skin regain its lost moisture and corrects uneven skin tone.

CUSTOMIZED CORRECTIVE FACIAL

60 / 90 min

A deep cleansing and skin-refining facial specifically designed for congested, oily and problematic, sensitive or dull looking skin. After a full consultation your therapist will create a targeted treatment plan for your specific skin conditions to provide immediate and lasting results. A result orientated facial perfect for all skin types leaving a radiant glow.

GENTLEMAN'S FACIAL

60 min

A deep-cleansing, therapeutic facial designed for a man's specific skin care needs. Relaxes the skin as it refines pores. Includes a muscle-easing massage and purifying masque. Specifically addresses sensitivity and razor burn.

ANTI-AGING FIRMING CARE RITUAL

75 min

This completely herbal treatment with a lifting effect activates collagen types 1 and 3, increases the skin's intense moisture balance, and eliminates fine lines. It provides a smooth and lively appearance.



AUTHENTIC EXPERIENCES: THE HISTORY OF HAMMAM IN TURKEY

The Turkish Hammam tradition, dating back to the Ottoman era, is more than a cultural ritual—it is also a vital element of healthy living. At Fairmont Spa, this heritage continues through a holistic wellness experience that combines deep cleansing, skin renewal, and physical relaxation. The purifying effect of steam helps detoxify the body, while warm marble, foam massage, and exfoliation ease muscle tension and reduce stress. The exfoliating scrub (kese) deeply cleanses pores, allowing the skin to breathe. Regular hammam rituals improve blood circulation, boost immunity, and support the balance of mind and body. This timeless tradition offers a natural antidote to the fast pace of modern life.

TURKISH HAMMAM WITH TURKISH COFFEE AND BODY CREAM 60 min

A popular Turkish hammam ritual that begins with a light “kese” scrub followed by a fresh concoction of Turkish coffee scrub, which has the ability to extract excess fluid in the body, making it an unrivaled tool against the fight with the cellulite. The treatment follows with a refreshing hair wash, hair conditioner and application of body cream leaving you feeling soft and silky.

TRADITIONAL TURKISH HAMMAM 45 min

A unique hammam treatment with roots in ancient Turkish traditions offers a cleansing, detoxifying journey with an ultimate sensory experience. A short body massage featuring warming water, full body “kese” scrub and unique clouds of cleansing bubbles is performed. Later, your hair is cleansed with shampoo and conditioner. To complete your experience we will be rehydrating your body with freshly brewed herbal tea.



MASSAGE

Originating with ancient practitioners in cultures all around the world, and perfected over the centuries, massage has become an essential modality of today's well-being to promote relaxation, improve circulation, aid in muscle recovery and boost immunity. It's also the key to getting the most out of İstanbul, from preparing for a day on the trails to taking in the glamour of the neighbourhood to simply unwinding with a loved one. Our experiences target specific moods and muscles, leading to results that linger long after you've left our spa.

FAIRMONT SPA SIGNATURE MASSAGE

90 min

Fairmont Spa offers a 90 minute signature massage which is exclusively offered here in Istanbul. Decadent scents of ginger, cardamom and plai organic essential oils are applied to the body using heated bamboo massage sticks. Long gentle strokes soothe muscles and the essential oils nourish and moisturize the skin for a uniquely relaxing experience.

TRADITIONAL THAI MASSAGE

90 min

This centuries-old therapy, incorporating yoga-inspired movements, is ideal for those seeking health, serenity, and enhanced life energy. (This treatment, which includes stretching movements, does not involve the use of essential oils.)

NEROLI SENSORY RELAXATION MASSAGE

60 / 90 min

Renew and refresh your body, energy and spirit with this Swedish style therapeutic treatment incorporating tension release, energy and breathing techniques with the uplifting essence of Neroli.

MAGNESIUM MUSCLE RELEASE MASSAGE

60 / 90 min

Magnesium is responsible for promoting healthy energy levels, sleep, muscle function and overall well-being. This nourishing treatment delivers the power of magnesium to promote detoxification and replenish commonly deficient levels. Warm mineral compressions enhance this therapeutic massage.

HOT STONE MASSAGE

90 min

This tailored massage uses specific stress-relief techniques such as the use of hot volcanic stones to release deep-rooted tension, loosen tight muscles and improve muscle mobility.

FOUR HANDS MASSAGE

60 / 90 min

A massage that is applied by two expert therapists working in a synchronized and harmonious manner. While increasing the blood, oxygen and energy flow, it allows you to relax with pressure points and stretching movements on certain parts of the body.



BODY TREATMENTS

Make time for your body, and it will return the favor. These treatments bring together sensation and scent to heighten your perception of your physical self and your environment, leaving the mind at peace and the body restored. Re-enter the world feeling truly at home in your skin and spirit.

LAVENDER DREAMS EXPERIENCE

90 min

Relax. Let the dreamy scent of purple lavender fields embrace your senses. Close your eyes and take a deep breath. In this blissful and revitalizing spa experience, breathe in the calming and balancing benefits of lavender. The treatment begins with an energizing two-step full-body exfoliation, followed by a warm body wrap, a scalp massage focused on pressure points, and a full-body massage using healing hot stones.

TROPICAL INTENSE MOISTURE CARE RITUAL

60 min

This special nourishing intense moisture treatment detoxifies the body, giving it vitality and elasticity. The tropical extracts such as mango butter and argan oil soften and repair the skin, while also providing firmness. Your body achieves the glow it needs.

COUPLE'S TREATMENTS

Personalize your couples' experience by selecting the treatments that best suit your needs. Whether you're reconnecting with a friend or looking to impress someone special, you'll find exactly what you're looking for here. Our VIP suites—complete with a private steam room, sauna, and jacuzzi—offer an exclusive sanctuary where you can relax and unwind for hours.

COUPLES WINE AND ROSES

90 min

Soak in a romantic rose bath, while you toast one another and sip wine. Your fragrant soak is followed a side-by-side massage using products infused with rose oil that are high in natural antioxidants. You will feel rested and relaxed in this romance inspired treatment.

TREASURED TIME

60 / 90 min

Relax together with a full body aromatherapy massage, which uses a blend of essential oils and purpose designed movements to stimulate circulation, promote deep relaxation, and restore the flow of energy throughout the body. This wonderfully soothing and rejuvenating experience is ideal for couples.

SPA PACKAGES

Our experienced team will be delighted to offer personalized packages suited tailored to your needs.

ADDITIONAL TIME

To upgrade any of our present treatment list with additional time and services, the below mini treatments will suit your needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30 minute mini treatments including:

- Herbal bath therapy
- Body scrub
- Express facial
- Head, neck and shoulder massage
- Foot treatment
- Hand treatment



ABOUT



FAIRMONT QUASAR ISTANBUL

Whether you're visiting from the other side of the world or taking some time for yourself out of your busy schedule in Istanbul, we wholeheartedly welcome you to Fairmont Spa. Please take a moment to read more about our space and our services, and feel free to reach out to us with any questions you may have about our treatments and facilities.

SPA ETIQUETTE

SPA ENVIRONMENT

Fairmont Spa is a place to restore your energy and relax. For your peace and privacy, we kindly ask you to use portable music players with earphones and keep mobile phones on silent mode. If you would like to receive messages during your time with us, please let one of our colleagues know and we would be happy to assist you.

SPA ARRIVAL AND ETIQUETTE

We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. Please come and spend the day with us. To make any changes to your booking, please contact the spa on 0212 403 86 93 or dial extension 8693 from your in room phone.

PERSONAL MATTERS

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can better customise your experience to your needs.

SPA ATTIRE

You will receive a robe and slippers to wear between treatments and a locker for your personal belongings. For your comfort, undergarments must be worn during treatments. We ask that you kindly leave jewellery and valuables in your locker or hotel room.

SPA CANCELLATION POLICY

If you wish to reschedule or cancel any spa appointments, please notify the spa four hours in advance. Cancellation or rescheduling of a package requires 24 hours' notice. Missed appointments without proper notices are subject to a 100% charge for reserved services.

GIFT VOUCHERS

Gift vouchers for all Fairmont Spa services and packages are available for purchase. Please contact our spa experience coordinators for further information.

MAKING SPA APPOINTMENTS

Consult our spa experience coordinators to select treatments that fulfil your personal requirements. The spa is located on S floor of Fairmont Quasar Istanbul. Advanced reservations are recommended to ensure availability.

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FAIRMONT SPA, FAIRMONT QUASAR ISTANBUL

Located within Fairmont Quasar Istanbul, Fairmont Spa brings together the city's vibrant glamour, centuries-old mystique, and the breathtaking sapphire blue of the Bosphorus. Offering one of the most luxurious spa experiences in Istanbul, we help you restore your energy with the world's most innovative and soothing wellness techniques.

Fairmont Spa at Fairmont Quasar Istanbul is a dedicated sanctuary focused on fitness, beauty, and aesthetics. Our therapy menu features massages, body treatments, and facials that blend authentic techniques with local, natural products. Each treatment is thoughtfully personalized to guide you on a sensory journey, promoting inner balance and a deep sense of calm.

This unique 2,000-square-meter oasis offers a serene atmosphere to escape the fast pace of modern life. It features seven massage rooms, two exclusive VIP suites for couples, a tranquil relaxation lounge overlooking the courtyard, a steam room, sauna, indoor and outdoor swimming pools, experience showers, and a fitness center.



Price List

2025
Fairmont Quasar Istanbul

EURO

Fairmont Spa Signature Expressions

Turkish Coffee and Coconut Sensory Oasis	120 minutes	300
Peace of Mind	150 minutes	425

Classic Facials

Reveal Skin Analysis	15 minutes	30
Customized Corrective Facial	60/90 minutes	180/215
Gentleman's Facial	60 minutes	145
Shine and Illuminating Care Ritual	75 minutes	190
Anti-Aging Firming Care Ritual	75 minutes	200

Authentic Experiences

Luxury Hammam by Gulsha	90 minutes	180
Turkish Coffee and Body Cream	60 minutes	145
Turkish Hammam	45 minutes	115

Body Treatments

Lavender Dreams Experience	90 minutes	240
Tropical Intense Moisture Care Ritual	60 minutes	160

Body Massages

Fairmont Spa Signature Massage	90 minutes	250
Hot Stone Massage	90 minutes	240
Traditional Thai Massage	90 minutes	240
Magnesium Muscle Release Massage	60/90 minutes	145/190
Neroli Sensory Relaxation Massage	60/90 minutes	135/180
Four Hands Massage	60/90 minutes	265/315

Couples' Treatments

Couples Wine and Roses	90 minutes	510
Treasured Time	60/90 minutes	285/360

Additional Time

• Herbal Bath Therapy	30 minutes	90
• Body Scrub	30 minutes	90
• Express Facial	30 minutes	90
• Head, Neck and Shoulder Massage	30 minutes	90
• Foot Treatment	30 minutes	90
• Hand Treatment	30 minutes	90

