



LIFESTYLE MEMBERSHIPS

**FAIRMONT QUASAR
İSTANBUL**

FAIRMONT LIFESTYLE MEMBERSHIPS encompasses a selection of lifestyle choices for the Fairmont guest to suit the needs of their everyday lives.

The Lifestyle membership invites you to be a member of the **FAIRMONT QUASAR ISTANBUL** and focuses on all elements of well-being including state-of-the-art fitness facilities with the latest equipment and gadgets, a nurturing spa environment to escape and pamper yourself as well as a selection of food and beverage venues to suit all your needs.

At **FAIRMONT** we understand the importance of exercise in our daily life. Our gym & fitness center is built to ensure our guests have a comfortable space to use the best fitness equipment. Our dedicated personal trainers are available to assist with all your fitness goals, catering to your fitness level, ability and age.

AS A VALUED MEMBER YOU WILL ENJOY THE FOLLOWING BENEFITS:

- Relaxation areas
- Use of the indoor pool
- Introductory personal training sessions
- Use of facilities which includes indoor pool, changing rooms, steam, sauna and fitness center.
- Privileged pricing on lifestyle offers include spas, retail and restaurants

The fitness center is open daily from 7am until 10pm and is located on the lower ground level.

YOU CAN CHOOSE FROM THREE TYPES OF MEMBERSHIPS:

Type	1 Year	6 Months	3 Months
Single	√	√	√
Couple	√	√	





ANNUAL MEMBERSHIP

As a new member joining Fairmont Quasar Istanbul, your membership will include the following benefits.

- 1 free massage
- 1 PT
- 15 % discount from all SPA Treatments
- 15 % discount from all F&B venues
- 20 % discount from car parking area

SIX MONTHS MEMBERSHIP

- 15 % discount from all SPA Treatments
- 15 % discount from all F&B venues
- 20% discount from car parking area





ONE-TO-ONE TRAINING

LIFESTYLE AND WELL-BEING CLASSES

Fairmont Quasar Istanbul offers a Personal Training and Kick Box classes to help challenge your workout and achieve your goals. They are available to you with your membership. There is an additional charge for these classes..

PERSONAL TRAINING Attain peak performances whilst achieving your desired fitness results. Combine workouts with one-to-one strength training, fitness coaching, and group activities. Allow our personal trainers to help you create a customised program, aimed at balancing physical activity with relaxation.

YOGA The word “yoga” translates as the “union” or “discipline” of breath control, simple meditation, and the adoption of specific bodily postures, widely performed for a greater sense of well-being. The practice of yoga has been known to increase flexibility, decrease stress levels and energise and restore the mind. Our certified instructors at Fairmont Spa offer a variety of different yoga techniques, available in personal or group classes at our private studio.

PILATES Our Pilates classes focus on strengthening the core muscles, improving the body's balance, and providing the necessary support for the spine.

KICK BOKS Unleash your inner warrior with our invigorating kickboxing lessons designed to elevate your workout experience. Whether you're a beginner or an experienced athlete, our expert instructors will guide you through a dynamic, full-body cardio training. Our sessions that provide an effective way to burn calories and help you get in shape will foster a sense of discipline and focus.





YOGA CLASSES

TERMS AND CONDITIONS OF MEMBERSHIP AND BENEFITS:

1. Neither the hotel its owners nor any employee can accept responsibility or liability for any injury, fatality, and damage caused or lost to any person or property. All the guests entering into the resort and using the facilities do so at their own risk.
2. Acceptance of an application for membership or the renewal of the existing membership is at the absolute discretion of the hotel.
3. **Fairmont Quasar Istanbul** memberships are non-refundable and non-transferable; cancellations of memberships will result in the forfeiture of fees. Memberships cannot be frozen at any time during the annual or 6-month membership period.
4. Access to the membership is available for members only and your identification card must be available at time of check-in. Members without ID will not be allowed to utilize the facilities.
5. Personal belongings are brought onto the premises at the member's risk and the hotel does not accept liability for any loss or damage whatever to such items. For security reasons members and guests are advised to store personal belongings and valuables in the lockers, which are provided for the convenience of Members.
6. Property left on the hotel premises (other than in a place allocated) shall be stored in our housekeeping department and if unclaimed after six months, be deemed abandoned and disposed of without notice to the owner by the hotel.
7. Members are not permitted to bring personal trainers into the gym. Fully qualified personal trainers are available at the gym and may be booked at the reception.
8. Discounts are not applicable on packages or already discounted promotions or retail products.
9. Minimum age for members is 16 years of age, anyone younger than this must be with an accompanied adult or supervisor.



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Type	1 Year	6 Months	3 Months
Single	√	√	√
Couple	√	√	

RATE CARD

Type	1 Year	6 Months	3 Months
Single	70.000 TL	48.000 TL	26.000 TL
Couple	122.000 TL	88.000 TL	
Personal Training 60 minutes	1500 TL		

Children up to 6 years free, 7 years above 50% discount on single price, 16 years above full price.

AQUABIKE

5 Sessions	10 Sessions	20 Sessions
12.000 TL	22.800 TL	43.200 TL

POOL MEMBERSHIP

Type	1 Year	6 Months
Single	48.000 TL	32.000 TL

Includes outdoor and indoor pool entrance.

Fairmont Spa | Fairmont Quasar İstanbul

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