



FAIRMONT SPA & WELLNESS

WINDSOR PARK

SPA & WELLNESS TREATMENT LIST



RITUALS & MASSAGE - MAULI

Mauli has a passion for creating all-natural products for hair, skin and body, inspired by the beauty rituals and timeless wisdom of Ayurveda. They seek out the finest methods and ingredients, rich in antioxidants and nutrients to repair and rejuvenate, and exquisite in scent to soothe and balance within. Expertly formulated and individually handcrafted in England, Mauli is a gift to those who respect the power of nature and appreciate genuine quality.

HAMMAM - LA SULTANE DE SABA

Authentic and true to its origins, Hammam experiences by La Sultane de Saba offer some of the oldest cleansing rituals in the world. This luxury brand from Paris, France, celebrates the wisdom of ancient Moroccan beauty rituals. The products and treatments are all based on journeys around the world. Each creates a source of escape and a promise of wellness.

SKINCARE - COMFORT ZONE

Comfort Zone is a luxury Italian Skincare and wellness brand with ethics firmly in sustainability and a proud BCorp. They develop experiential, indulgent, results-driven facials along with wellness rituals for mind, body and soul. The treatments are delivered using products that provide conscious, clinically proven vegan formulas that are good for the skin and good for the planet.

NAILS - NAILBERRY & EVO

EVO will offer gel nail manicures whilst Nailberry, which was founded in 2012 by Sonia Hully, first as a luxury Nail Bar based in Chelsea, London and then as a range of multi-awardwinning polishes. This includes the patented L'Oxygéné range, which allows the nail to breathe, delivering a healthier manicure. Every Long Wear & High Shine colour rich shade is formulated to be 12-free, vegan, cruelty-free, gluten-free and Halal certified.

RITUALS	Minutes	Cost
<p>Maharani Detox Glow Heated Cocoon</p> <p>This body beautifying treatment is ideal for anyone feeling fatigued, bloated and wanting to immediately be lighter and brighter. The detoxification process begins with dry body brushing to stimulate the lymphatic system before moving to a full body herbal scrub. The body is then wrapped in a heated cocoon while the skin is treated to a skin polishing mini facial and scalp massage. Further attention is given to the back and abdomen with yogic twists to flush out trapped toxins from the colon. The treatment ends with a beautiful Marma face massage.</p>	135	£245.00
<p>Ojas Ayurvedic Surrender Ritual</p> <p>Sometimes the best we can do is surrender. Holding on blocks the flow of energy, causing a build-up of toxins, mind fog and feeling of being disconnected and depleted. Maui's signature layering treatment combines a repertoire of therapeutic oils, rejuvenating actives and Ayurvedic techniques to invite a state of blissful equilibrium. This treatment begins with a detoxifying full-body scrub, followed by a glow-inducing facial moving to a deeply soothing scalp and full body massage, integrating Marma (acupressure) therapy for the ultimate rejuvenation ritual.</p>	115	£230.00
<p>Restless Traveller Acupressure Ritual</p> <p>Whether you have just come off a long-haul flight, spent the day walking in the city or suffer from swollen feet, water retention, varicose veins or muscle aches and pains, this treatment will leave you feeling lighter of body and soothed of mind. It begins with dry leg brushing to activate the lymphatic drainage and reduce puffiness, followed by a foot ritual with Marma massage to release organ, muscle and tissue blockages before moving to an Indian head massage and anti-pollution face massage.</p>	85	£210.00
<p>Fairmont Windsor Park Royal Signature Ritual</p> <p>Curated by our in-house team of wellness therapists to bring together a collection of the world's most effective massage techniques, shiatsu inspired stretches, subtle breath work and a nourishing boutique facial, this ritual combines Japanese, Ayurvedic and European practices with our hand-blended bespoke teas and honey from our very own beehives.</p>	85	£175.00
<p>Reshaping Body Strategist 3-1</p> <p>A three-phase intensive remodeling body treatment: the first phase comprises a thermogenic action to stimulate microcirculation; followed by a vigorous lipolytic massage phase and then the final phase which is revitalizing and tonifying.</p>	65	£120.00
<p>Tranquillity Pro Sleep</p> <p>Inspired by the Indonesian Sea Malay Massage, this massage ritual includes light pressure with tranquil sounds and essential oil blend to effectively induce a state of deep wellbeing.</p> <p><small>*A 12.5% service charge will be applied to all services</small></p>	55	£120.00

MASSAGE

Mindful Touch 55 £120.00

Mindful Touch 85 £180.00

For those who have been touched by cancer. Feel cherished, skin soothed and mind calmed as you melt into this rhythmic and calming experience knowing you are being cared for by the safest and nurturing of hand spa hands.

Bamboo 55 £120.00

Bamboo 85 £180.00

Warm bamboo is formed into various lengths & thickness levels which allows the therapist to specifically target muscles and pressure points for effective tension relief. A firm massage using tribal techniques.

Herbal Poultice 55 £120.00

Herbal Poultice 85 £180.00

Warming full body massage unknots sore ligaments and calms the mind to help physical and emotional concerns drift away. Ideal for those who need a restorative, grounding, yet healing treatment; herbal poultices are rhythmically massaged in slow strokes to break down blocked tissues, soothe the central nervous system and rejuvenate circulation.

Sandstone 55 £120.00

Sandstone 85 £180.00

A warming hot-sandstone massage for comforting muscle-rehabilitation and stress relief. Featuring ergonomic sandstone pods hand crafted in the Dordogne, France that enables highly comforting and targeted muscle relief

AromaSoul 55 £120.00

AromaSoul 85 £180.00

The massage begins with a personalized selection from our unique collection of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean.

Body Active 55 £120.00

Body Active 85 £180.00

Intensive remodeling and firming massage with an innovative body mask. Its efficacy is boosted by an exclusive massage with Tui-Na techniques that focuses on the legs, stomach and upper arms.

Prana Cystal Therapy & Marma Energy Massage 55 £120.00

Prana Cystal Therapy & Marma Energy Massage 85 £180.00

Seasonal, hormonal or lifestyle changes can leave us feeling physically and emotionally tired and confused; making vital decisions harder to make. This full-body massage incorporates personalized therapeutic oils, healing crystals chakra therapy and Marma massage, layered with yogic stretches, meditative breath work and powerful relaxation sequences to bring deep healing.

*A 12.5% service charge will be applied to all services

MASSAGE

Savasna Deep Nights Sleep Massage	55	£120.00
Savasna Deep Nights Sleep Massage	85	£180.00

Lack of sleep by night inhibits how we function by day. This full-body massage with poultices unknots sore ligaments and calms the mind to help physical and emotional concerns drift away. Ideal for those who need restorative, grounding, yet healing treatment; herbal poultices are rhythmically massaged to break down blocked tissues, soothe the central nervous system and rejuvenate circulation.

Targeted Back/Neck/Leg	25	£65.00
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FACIALS

Age Correction	75	£150.00
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Give your skin a boost of radiance and plumpness with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

Repair & Replenish	55	£120.00
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Nurture your skin and recover from damage caused by sun, pollution, and aging. The antioxidant replenishing combination of organic Goji Berry and Macadamia Oil leaves the skin soft and replenished.

Double Hydration	55	£120.00
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The ultimate treatment for deep hydration and radiance, ideal for skin stressed by central heating and air conditioning. The Hydra Brush Massage transports Moringa Oil and Hyaluronic Acid biomimetic fragments deep into the skin.

Active Pureness	55	£120.00
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If your skin is oily, scarred or acne-prone, this is the perfect choice! Characterized by a mattifying peel-off spirulina Algae mask, this deep purifying facial with Mandelic Acid, Green and White Clays rebalances and reduces pores and blackheads.

Urban Detox Facial	55	£120.00
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Clinically proven to detoxify the skin from pollution and formulated to specifically contrast impurities and imperfections. The efficacy of the peel-off Detox Mask enriched with Chlorella and plant-based Charcoal together with targeted customizable boosters will reveal a glowing, clearer and brighter complexion.

Liquid Gold, Rose Quarts & Caviar Facial	55	£120.00
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Traditional remedies featuring the highly acclaimed 'Liquid Gold' Argan Oil along with 23c Gold plus Caviar & Pearl. Carefully selected blends will nourish, smooth & illuminate your complexion, including a deeply relaxing facial massage to further lift and brighten.

*A 12.5% service charge will be applied to all services

FACIALS	55	£120.00
Mahindra Nourish & Protect Facial for Men		
An energizing facial that brings together botanical actives, muscle-warming towels and therapeutic Marma point massage to release face, neck and shoulder tension while soothing inflamed dry skin and clarifying the mind. A natural solution for acne and superficial scarring includes deep detoxification with an award-winning blend of sandalwood, saffron and vetiver. Skin is then treated to a reinvigorating facial massage to refine and polish skin.		

Devi Lift & Sculpt Facial	85	£180.00
The Devi goddess ritual harnesses the power of rejuvenating active skincare, tri-mineral face-lift method and Marma point massage therapy for nourished, petal soft skin. We then move to a soothing Indian head, shoulder and reflexology foot massage and conclude the beautifying treatment with a deep releasing rose quartz crystal and anathati basti inspired ritual.		

*A 12.5% service charge will be applied to all services

FINISHING TOUCHES

Flawless Manicure	55	£60.00
Flawless Pedicure	55	£60.00
Re-Shape & Polish Hands	35	£35.00
Re-Shape & Polish Feet	35	£35.00
Gels Hands	70	£70.00
Gels Feet	70	£70.00

CHILDREN'S CLUB

Boutique Facial	25	£25.00
Boutique Manicure	25	£25.00
Boutique Pedicure	25	£25.00

*A 12.5% service charge will be applied to all services

WELLNESS

	Minutes	Cost
Cryotherapy	15	£45.00
Dry Floatation (Aquavibe)	25	£50.00

*A 12.5% service charge will be applied to all services

HAIR SALON & BARBER

Please enquire via email: wellnessspa.windsorpark@fairmont.com