



# FAIRMONT SPA & WELLNESS

WINDSOR PARK

## SPA & WELLNESS TREATMENT LIST



### **RITUALS & MASSAGE - MAULI**

Mauli has a passion for creating all-natural products for hair, skin and body, inspired by the beauty rituals and timeless wisdom of Ayurveda. They seek out the finest methods and ingredients, rich in antioxidants and nutrients to repair and rejuvenate, and exquisite in scent to soothe and balance within. Expertly formulated and individually handcrafted in England, Mauli is a gift to those who respect the power of nature and appreciate genuine quality.

### **HAMMAM - LA SULTANE DE SABA**

Authentic and true to its origins, Hammam experiences by La Sultane de Saba offer some of the oldest cleansing rituals in the world. This luxury brand from Paris, France, celebrates the wisdom of ancient Moroccan beauty rituals. The products and treatments are all based on journeys around the world. Each creates a source of escape and a promise of wellness.

### **SKINCARE - COMFORT ZONE**

Comfort Zone is a luxury Italian Skincare and wellness brand with ethics firmly in sustainability and a proud BCorp. They develop experiential, indulgent, results-driven facials along with wellness rituals for mind, body and soul. The treatments are delivered using products that provide conscious, clinically proven vegan formulas that are good for the skin and good for the planet.

### **NAILS - NAILBERRY & EVO**

EVO will offer gel nail manicures whilst Nailberry, which was founded in 2012 by Sonia Hully, first as a luxury Nail Bar based in Chelsea, London and then as a range of multi-awardwinning polishes. This includes the patented L'Oxygéné range, which allows the nail to breathe, delivering a healthier manicure. Every Long Wear & High Shine colour rich shade is formulated to be 12-free, vegan, cruelty-free, gluten-free and Halal certified.

### **BARBERS – TRUEFIT & HILL**

Since 1805, Truefitt & Hill has been recognised as the world's oldest and finest traditional gentlemen's barber and perfumer in London, providing the finest grooming products and services. Guests can enjoy a traditional hot towel wet shave, haircut and shoeshine for that special engagement, business meeting or simply just to relax and unwind.

### **HAIR SALON PRODUCTS - DAVINES**

Founded in Parma, Italy, in 1983 by the Bollati Family, Davines Group started as a research laboratory, producing high-end hair care products for renowned cosmetic companies worldwide. After a decade of honing their expertise, they began creating their own Davines hair care products exclusively for salons.

<b>RITUALS</b>	Minutes	Cost
<p><b>Maharani Detox Glow Heated Cocoon</b></p> <p>This body beautifying treatment is ideal for anyone feeling fatigued, bloated and wanting to immediately be lighter and brighter. The detoxification process begins with dry body brushing to stimulate the lymphatic system before moving to a full body herbal scrub. The body is then wrapped in a heated cocoon while the skin is treated to a skin polishing mini facial and scalp massage. Further attention is given to the back and abdomen with yogic twists to flush out trapped toxins from the colon. The treatment ends with a beautiful Marma face massage.</p>	135	£245.00
<p><b>Ojas Ayurvedic Surrender Ritual</b></p> <p>Sometimes the best we can do is surrender. Holding on blocks the flow of energy, causing a build-up of toxins, mind fog and feeling of being disconnected and depleted. Maui's signature layering treatment combines a repertoire of therapeutic oils, rejuvenating actives and Ayurvedic techniques to invite a state of blissful equilibrium. This treatment begins with a detoxifying full-body scrub, followed by a glow-inducing facial moving to a deeply soothing scalp and full body massage, integrating Marma (acupressure) therapy for the ultimate rejuvenation ritual.</p>	115	£230.00
<p><b>Restless Traveller Acupressure Ritual</b></p> <p>Whether you have just come off a long-haul flight, spent the day walking in the city or suffer from swollen feet, water retention, varicose veins or muscle aches and pains, this treatment will leave you feeling lighter of body and soothed of mind. It begins with dry leg brushing to activate the lymphatic drainage and reduce puffiness, followed by a foot ritual with Marma massage to release organ, muscle and tissue blockages before moving to an Indian head massage and anti-pollution face massage.</p>	85	£210.00
<p><b>Fairmont Windsor Park Royal Signature Ritual</b></p> <p>Curated by our in-house team of wellness therapists to bring together a collection of the world's most effective massage techniques, shiatsu inspired stretches, subtle breath work and a nourishing boutique facial, this ritual combines Japanese, Ayurvedic and European practices with our hand-blended bespoke teas and honey from our very own beehives.</p>	85	£175.00
<p><b>Reshaping Body Strategist 3-1</b></p> <p>A three-phase intensive remodeling body treatment: the first phase comprises a thermogenic action to stimulate microcirculation; followed by a vigorous lipolytic massage phase and then the final phase which is revitalizing and tonifying.</p>	65	£120.00
<p><b>Tranquillity Pro Sleep</b></p> <p>Inspired by the Indonesian Sea Malay Massage, this massage ritual includes light pressure with tranquil sounds and essential oil blend to effectively induce a state of deep wellbeing.</p> <p><small>*A 12.5% service charge will be applied to all services</small></p>	55	£120.00

## **MASSAGE**

**Mindful Touch** 55 £120.00

**Mindful Touch** 85 £180.00

For those who have been touched by cancer. Feel cherished, skin soothed and mind calmed as you melt into this rhythmic and calming experience knowing you are being cared for by the safest and nurturing of hand spa hands.

**Bamboo** 55 £120.00

**Bamboo** 85 £180.00

Warm bamboo is formed into various lengths & thickness levels which allows the therapist to specifically target muscles and pressure points for effective tension relief. A firm massage using tribal techniques.

**Herbal Poultice** 55 £120.00

**Herbal Poultice** 85 £180.00

Warming full body massage unknots sore ligaments and calms the mind to help physical and emotional concerns drift away. Ideal for those who need a restorative, grounding, yet healing treatment; herbal poultices are rhythmically massaged in slow strokes to break down blocked tissues, soothe the central nervous system and rejuvenate circulation.

**Sandstone** 55 £120.00

**Sandstone** 85 £180.00

A warming hot-sandstone massage for comforting muscle-rehabilitation and stress relief. Featuring ergonomic sandstone pods hand crafted in the Dordogne, France that enables highly comforting and targeted muscle relief

**AromaSoul** 55 £120.00

**AromaSoul** 85 £180.00

The massage begins with a personalized selection from our unique collection of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean.

**Body Active Deep Tissue** 55 £120.00

**Body Active Deep Tissue** 85 £180.00

Intensive remodeling and firming massage with an innovative body mask. Its efficacy is boosted by an exclusive massage with Tui-Na techniques that focuses on the legs, stomach and upper arms.

**Prana Cystal Therapy & Marma Energy Massage** 55 £120.00

**Prana Cystal Therapy & Marma Energy Massage** 85 £180.00

Seasonal, hormonal or lifestyle changes can leave us feeling physically and emotionally tired and confused; making vital decisions harder to make. This full-body massage incorporates personalized therapeutic oils, healing crystals chakra therapy and Marma massage, layered with yogic stretches, meditative breath work and powerful relaxation sequences to bring deep healing.

\*A 12.5% service charge will be applied to all services

## MASSAGE

<b>Savasna Deep Nights Sleep Massage</b>	55	£120.00
<b>Savasna Deep Nights Sleep Massage</b>	85	£180.00

Lack of sleep by night inhibits how we function by day. This full-body massage with poultices unknots sore ligaments and calms the mind to help physical and emotional concerns drift away. Ideal for those who need restorative, grounding, yet healing treatment; herbal poultices are rhythmically massaged to break down blocked tissues, soothe the central nervous system and rejuvenate circulation.

<b>Targeted Back/Neck/Leg</b>	25	£65.00
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## FACIALS

<b>Age Correction</b>	75	£150.00
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Give your skin a boost of radiance and plumpness with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

<b>Repair &amp; Replenish</b>	55	£120.00
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Nurture your skin and recover from damage caused by sun, pollution, and aging. The antioxidant replenishing combination of organic Goji Berry and Macadamia Oil leaves the skin soft and replenished.

<b>Double Hydration</b>	55	£120.00
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The ultimate treatment for deep hydration and radiance, ideal for skin stressed by central heating and air conditioning. The Hydra Brush Massage transports Moringa Oil and Hyaluronic Acid biomimetic fragments deep into the skin.

<b>Active Pureness</b>	55	£120.00
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If your skin is oily, scarred or acne-prone, this is the perfect choice! Characterized by a mattifying peel-off spirulina Algae mask, this deep purifying facial with Mandelic Acid, Green and White Clays rebalances and reduces pores and blackheads.

<b>Urban Detox Facial</b>	55	£120.00
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Clinically proven to detoxify the skin from pollution and formulated to specifically contrast impurities and imperfections. The efficacy of the peel-off Detox Mask enriched with Chlorella and plant-based Charcoal together with targeted customizable boosters will reveal a glowing, clearer and brighter complexion.

<b>Liquid Gold, Rose Quarts &amp; Caviar Facial</b>	55	£120.00
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Traditional remedies featuring the highly acclaimed 'Liquid Gold' Argan Oil along with 23c Gold plus Caviar & Pearl. Carefully selected blends will nourish, smooth & illuminate your complexion, including a deeply relaxing facial massage to further lift and brighten.

\*A 12.5% service charge will be applied to all services

<b>FACIALS</b>	55	£120.00
<b>Mahindra Nourish &amp; Protect Facial for Men</b>		
An energizing facial that brings together botanical actives, muscle-warming towels and therapeutic Marma point massage to release face, neck and shoulder tension while soothing inflamed dry skin and clarifying the mind. A natural solution for acne and superficial scarring includes deep detoxification with an award-winning blend of sandalwood, saffron and vetiver. Skin is then treated to a reinvigorating facial massage to refine and polish skin.		

<b>Devi Lift &amp; Sculpt Facial</b>	85	£180.00
The Devi goddess ritual harnesses the power of rejuvenating active skincare, tri-mineral face-lift method and Marma point massage therapy for nourished, petal soft skin. We then move to a soothing Indian head, shoulder and reflexology foot massage and conclude the beautifying treatment with a deep releasing rose quartz crystal and anathati basti inspired ritual.		

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### FINISHING TOUCHES

Flawless Manicure	55	£60.00
Flawless Pedicure	55	£60.00
Re-Shape & Polish Hands	35	£35.00
Re-Shape & Polish Feet	35	£35.00
Gels Hands	70	£70.00
Gels Feet	70	£70.00

### HAIR REMOVAL

Hair Removal - Full Leg	60	£60.00
Hair Removal - Part Leg	35	£35.00
Hair Removal - Under Arm	35	£35.00
Hair Removal - Full Arm	50	£50.00
Hair Removal - Back	50	£50.00
Hair Removal - Bikini	35	£35.00
Hair Removal - Bikini +	50	£50.00
Hair Removal - Chin	35	£35.00
Hair Removal - Lip	35	£35.00
Hair Removal – Other	35	£35.00

\*A 12.5% service charge will be applied to all services

### THREADING

15 Mins Threading	20	£20.00
30 Mins Threading	35	£35.00

\*A 12.5% service charge will be applied to all services

### TINTING

Tinting - Eyebrows	35	£35.00
Tinting - Eyelashes	35	£35.00
Tinting - Brow & Lashes	50	£50.00
Tinting Patch Test	20	£20.00

\*A 12.5% service charge will be applied to all services

## CHILDREN'S CLUB

Boutique Facial	25	£25.00
Boutique Manicure	25	£25.00
Boutique Pedicure	25	£25.00

\*A 12.5% service charge will be applied to all services

## WELLNESS

	Minutes	Cost
WBT Cryotherapy	15	£45.00
Dry Floatation	25	£50.00

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## HAIR SALON

Ladies Cut and Finish	60	£70.00
Blow-Dry Straight	30	£35.00
Blow-Dry Bouncy	45	£45.00
Blow-Dry Extensions	60	£55.00
Full Head Highlights	90	£125.00
Half Head Highlights	60	£95.00
T Section	45	£70.00
Full Head Permanent Colour	60	£85.00
Regrowth Permanent Colour	45	£65.00
Glossing		£15.00
Toner		£20.00
Hair Treatment		£15.00
72 Smoothing System – Long	120	£240.00
72 Smoothing System – Medium	105	£220.00
72 Smoothing System – Short	90	£200.00
Hair Up	60	£80.00
Finest Standard Hair Extensions		POA
Bridal Hair		POA

\*A 12.5% service charge will be applied to all services

## TRUEFITT & HILL GENTLEMEN'S BARBER

	Minutes	Cost
Ultimate Grooming Experience (Haircut, Facial 30min, Hot Towel Shave)	120	£175.00
Grooming Experience	90	£130.00
Haircut & Scalp Massage	75	£85.00
Hot Towel Wet Shave & Express Facial	75	£85.00
Haircut & Shampoo	45	£50.00
Head Shave	45	£50.00
Shampoo & Blow-Dry	30	£25.00
Hair Colour Semi-Permanent	45	£30.00
Hair Colour Permanent	60	£50.00

\*Please note that a patch test is required 24 hours prior to colour service

**TRUEFITT & HILL GENTLEMEN'S BARBER**

Minutes Cost

Hair Colour Semi Permanent	45	£30.00
Hair Colour Permanent	60	£50.00

\*Please note that a patch test is required 24 hours prior to colour service

Hot Towel Wet Shave	45	£50.00
Beard & Moustache Trim Without Shave	30	£40.00
Beard & Moustache Trim With Shave	45	£50.00

Shaving Masterclass	60	£100.00
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Facial Treatment	30	£55.00
Deluxe Facial Treatment	60	£75.00

Face Massage	30	£45.00
Head Massage	30	£45.00

Threading	30	£35.00
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Men's Lash Lift	45	£50.00
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\*A 12.5% service charge will be applied to all services