

SIGNATURE RESTAURANT

#### •••• SOFITEL DUBAITHE PALM ••••

### WINTER 2019-2020

# THE STORY OF PORTERHOUSE

### WHAT IS PORTERHOUSE?

The word porterhouse was used in the United States in the mid 1800's to describe a resting point for weary travelers. Typically found at railroad and stagecoach stops, these establishments often served steak and ale, including porter beer. Due to the proximity of the porterhouse to popular thoroughfares, beef and porter could have been readily available and convenient to serve. In addition, without refrigeration at this time, unique cuts of fresh beef like the porterhouse steak were more manageable because of the nearby distribution point of transport depots.

### **PORTERHOUSE STEAK**

Many claim responsibility for popularising the Porterhouse. The origin of the porterhouse steak could have come from Manhattan's Pearl Street



around 1814 where the owner of a particular porterhouse, Martin Morrison, started serving large T-bones. While he established one of the first known porterhouses, it is not clear that Morrison was the first creator of the porterhouse steak.

The porterhouse steak may have also originated in a Cambridge, Massachusetts, hotel and restaurant. The owner associated the naming of the steak after himself, Zachariah B. Porter. The founding of the original porterhouse may have been tied up in the classic North vs. South rivalry, as the famous 19<sup>th</sup> century hotel, The Porter House, in Flowery Branch, Georgia claims to have been the first to coin the phrase.

Even among beef aficionados, the argument of "whocalleditfirst" is not as important as the fact that the Porterhouse steak has the best of both worlds: Beef Tenderloin on one side and a New York Strip on the other side of the bone.





### Amuse Bouche

GOUGÈRE (G) Homemade traditional puff pastry stuffed with melted Gruyère

### APPETISERS

TRADITIONAL CAESAR SALAD (G) (S) Romaine lettuce, anchovies, garlic croutons, Caesar dressing, crispy Parmesan basket

CLASSIC BEEF TARTARE (G) Capers, shallots, parsley, raw egg, tomato ketchup, Tabasco, olive oil, gherkins, Hawaiian sea salt, served with jumbo sourdough crostini At least 24 hours advance booking is required. Available for minimum of four guests and maximum of eight guests per reservation. Daily, 750 for two guests

### MAIN COURSE

T-BONE STEAK 1.2KG (A) (G) Australian, grain-fed Angus beef, fricassee of mixed mushrooms, French beans served with homemade crispy fries and Béarnaise sauce

### DESSERT

TRADITIONAL PAVLOVA Dried meringue, semi-sweet muslin cream, fresh berries and coulis

### **MARTINI TROLLEY 65**



**French Martini** It was invented in the 1980s at one of *Keith McNally's* New York City bars during the cocktail renaissance. The key ingredient that makes our Martini "French" is *Chambord*, a black raspberry liqueur that has been produced in France since 1685. Vodka, Chambord and Pineapple Juice.

**Vodka Martini** A.K.A 'Vodkatini'. It is a variation of the classic Martini mixed with vodka instead of gin. This cocktail became famous when the fictional British Secret Service Agent *James Bond* in a 1964 movie prefered ordering a "vodka martini, shaken, not stirred". Vodka and Vermouth.

**Espresso Martini** Created by the famous bartender, the late Dick Bradsell, in the late 1980s while at *Fred's Club* in London based on a peculiar request received from a British top model. The inspiration: having the coffee machine at the *Soho Brasseries* right next to the station where he served drinks. Vodka, Kahlua, Espresso and Vanilla Syrup.

**Passion Fruit Martini** In the 1970s and `80s, the martini was considered old-fashioned. In the mid-1990s, a resurgence of the drink rose with numerous new versions including fruity flavours. The Passion Fruit adds an aromatic, slightly acidic and musky twist to the classic drink. Vodka, Passion Fruit Syrup and Fresh Passion Fruit. **Cosmopolitan** Inspired on how guests order Martinis just to be seen with the "Martini glass" in their hand, Cheryl Cook made the 'Cosmo' at South Beach, Florida to have a drink that everyone could palate and is at the same time visually stunning in that classic glass. Vodka, Cointreau, Cranberry and Lime Juice.

**Bloody Mary** Although there are various stories on how it came to be, the Bloody Mary today is known to have been created at *King Cole's Bar*, New York City by Ferdinand Petiot in 1921. It contains Vodka, tomato juice, lemon juice, spices and flavourings with several versions all over the world. Porterhouse serves 3 variations of Bloody Mary – Home Style, Pickled and BBQ twist.

#### A: ALCOHOL G: GLUTEN N: NUTS S: SHELLFISH V: VEGETARIAN

### **PORTERHOUSE STARTERS**

### APPETISERS .....

### Cold

#### **Premium Canadian** beef carpaccio (G) 85

Paper-thin raw beef tenderloin, Dijon mustard, cornichons, freshly cracked Espelette pepper, Hawaiian sea salt, extra virgin olive oil, Parmigiano-Reggiano crostini

### Half-cooked grilled tuna quinoa salad 85

Marinated tuna loin, fennel, lemon zest, fried capers, tomato, pickled cucumber, sweet bergamot oil

### Salmon and seabass gravlax, large blinis (G) 95

Cured salmon and seabass, homemade blinis, sour cream, candied orange, dill leaves, green salad, citrus dressing

Apicius foie gras terrine (A) (G) (N) 110 Spiced foie gras, pickled figs, toasted almonds, sauternes jelly



Hot Artichoke barigoule, noisette root vegetables, crispy basil (A) (G) (V) 73 Artichoke mousseline, baby carrots, celery,

Lobster ravioli (G) (S) 95 Poached lobster, white asparagus, chargrilled bell peppers, crustacean jus

Veal sweetbreads (G) (N) 95 Seared sweetbreads, caramelised shallots, parsnip purée, water cress, noisette oil

Pan-fried Hokkaido scallops (N) (S) 110 Caramelised sea scallops, pea purée, light cumin foam



### **OUR EXECUTIVE CHEF OLIVIER CHALEIL'S CHOICE OF CUTS:** All signature dishes are served with French beans with toasted almonds, gratin dauphinois and béarnaise sauce (A) (N)

# Carved at your table

For Two Porterhouse 625 Australian, grain-fed Angus beef 1.2KG

**Chateaubriand** 620 USA, Prime tenderloin 600G

Tomahawk 780 Australian, 270 days grain-fed Black Angus 1.8KG

**Roasted lamb leg** 450 Australian, 1.2KG

### Pre-plated

For One Australian, Stockyard Wagyu Silver Label 400 days, BMS 6-7 rib eye 200G 580

Australian, Stockyard Wagyu Black Label 400 days, BMS 8-9 tenderloin 200G 570

Homemade Porterhouse **burger (G)** 155 Grain-fed Angus beef burger, shaved pickled gherkins, tomato, chargrilled Canadian veal bacon, smoked Cheddar, secret signature chipotle ranch sauce, spicy fries

Veal pâté en croûte (A) (G) (N) 95 Duck liver terrine, veal brisket, chicken breast, chicken liver, pistachio, raisins, salad, pickles

### **Surf & Turf (G) (S)** 585

USA, chargrilled tenderloin fillet 180G, tiger prawns 200G served with green beans, ratte potatoes, ripped vine tomato, veal jus, garlic butter



### SIDE DISHES & **SAUCES**

one sauce and side dish

### Side Dishes

Truffle pomme purée (V) Vegetable hot pot (V) Gratin dauphinois (V) Sautéed French beans (V) Rosemary roasted ratte potatoes (V) French fries with skin (V)

### Meat Sauces

Herb butter (G) Green peppercorn (A) (G) Béarnaise (A) (G) Mushroom (G) **Barbecue** (G)

Seafood Sauces Meunière (N) Horseradish cream (G) Hollandaise (A) (G)

# SOUPS

**Butternut squash velouté (G) (N)** 75 Smoked beef chorizo, toasted almonds

**Traditional French** onion soup (G) 78

# TABLE SIDE "CLASSICS"

Prepared at your table

Caesar salad (G) 85 Crispy bresaola, quail eggs, silver anchovy, shaved aged Parmesan Additional charge for grilled chicken or shrimps 47

Beef tartare 90G / 180G (G) 120 / 240 Garlic chips, raw egg, tomato ketchup, tabasco, capers, shallots, gherkins, parsley,

# **SALADS**

Porterhouse garden salad (V) 70 Beetroot, fennel and orange confit, radish, cherry tomatoes, classic French dressing

Jumbo green asparagus, sunchoke cream, poached eggs (G) 85 Artichoke mousseline, beef bresaola chips, herb salad, garlic parsley butter

Melted Gruyère, French toast

olive oil, Hawaiian sea salt, served with rustic sourdough toast

### Stilton mushroom cromesquis (V) 75

Arugula, endive, torched clementine, white balsamic reduction

### Heirloom tomato, stracciatella di burrata, "Cecina de León IGP" (G) (N) 88

Blanched heirloom tomato filled with stracciatella di burrata, cured-dried beef, basil pesto, balsamic reduction, toasted focaccia

#### Compressed peach, grilled chicken salad (G) (N) 85 Sun-dried tomatoes, walnuts, garlic croutons, mesclun salad, lemon and honey vinaigrette

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# PORTERHOUSE MAIN COURSES

### ···● WINTER 2019-2020 ●····

# PORTERHOUSE GRILLS

Served with one sauce and one side dish

<i>Meat</i> Australian Stockyard grain-fed beef Tenderloin Rib eye Striploin	<b>180G</b> 274	<b>250G</b> 367 280 220	<b>350G</b> 515 308 285
USA Prime grain-fed beef	180G	250G	350G
Tenderloin Striploin	240	370 260	515 305
Canadian Premium 150 days			
corn-fed grade AAA Angus beef	180G	250G	350G
Tenderloin Rib eye	235	298 225	430 265
Irish John Stone, grass-fed	180G	250G	350G
Tenderloin	250	315	445
Rib eye		240	325
Striploin		225	295
Lamb rack		258	
Poultry	180G	250G	350G
European free range chicken breast		166	
French duck breast		177	
Seafood		200G	
Greek sea bass		240	
Norwegian Salmon		188	
Gulf prawns U5 (S)		340	

# **RECOMMENDED KNIFE FOR**



# **VEGGIE MAINS**

Morel Ricotta cannelloni, nutmeg cream (G) (N) (V) 105 Roasted butternut squash, morel mushrooms, baby spinach salad, hazelnut oil

Classic peas risotto (G) (V) 105 Green asparagus, broad beans, Parmesan, extra virgin olive oil

**Provençale marinated pressé vegetable mille-feuille (V)** 105 Black olive tapenade, sun-dried tomatoes, goat cheese mousse

**Vegan chestnut pithivier (G) (N) (V)** 105 Pumpkin, carrot purée, glaced onions, cherry tomatoes

### SIDE DISHES 28 per serving

Truffle pomme purée (V) Vegetable hot pot (V) Gratin dauphinois (V) Rosemary roasted ratte potatoes (V) French fries with skin (V) Sautéed French bean with toasted almonds (N) (V))

### SAUCES

Meat Sauces 28 Herb butter (G) Green peppercorn (A) (G) Béarnaise (A) (G) Mushroom (G) Barbecue (G) Bordelaise (A) (G)

Seafood Sauces 28 Meunière (N) Horseradish cream (G) Hollandaise (A)



# SIGNATURE SIDE DISHES

Creamy garlic baby spinach (V) Crispy shiitake mushrooms (G) (V) Chili and garlic broccoli (V)

Grilled asparagus (V) Baked potato (G) (V)



Relish in all you can eat grilled striploin filled with enticing aromas and succulent flavours.

AED190 - UNLIMITED STRIPLOIN AED155 - SINGLE SERVING

> EVERY SATURDAY, 12:30PM TO 03:30PM

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# **DINE AROUND**

# **SALADS**

Porterhouse garden salad (V) Beetroot, fennel and orange confit, radish, cherry tomatoes, classic French dressing

Classic Caesar salad (G) Crispy bresaola, quail eggs, anchovy, shaved aged Parmesan

Stilton mushroom cromesquis (V) Arugula, endive, torched clementine, white balsamic reduction

Compressed peach, grilled chicken salad (G) (N) Sun-dried tomatoes, walnuts, garlic croutons, mesclun salad, lemon and honey vinaigrette

# **VEGGIE MAINS**

Squash cannelloni (G) (N) (V) Roasted butternut squash, nutmeg cream, mushroom, baby spinach salad, hazelnut oil

Classic peas risotto (G) (V) Green asparagus, broad beans, Parmesan, extra virgin olive oil

Provençale marinated pressé vegetable mille-feuille (V) Black olives tapenade, sun-dried tomatoes, goat cheese mousse

Vegan chestnut pithivier (G) (N) (V) Pumpkin, carrot purée, glaced onions, cherry tomatoes

# MAIN COURSES

Served with one sauce and one side dish

Grilled **Tenderloin 180G** Striploin 180G Rib eye 200G Corn-fed chicken breast 220G

# SIDE DISHES & SAUCES

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Side Dishes French fries (V) Vegetable hot pot (V)

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Truffle pomme purée (V) Rosemary roasted potatoes (V)

### **COOKING TEMPERATURE**



MEDIUM RARE A standard degree of

cooking, the steak is fully

red and warm in the centre

The outside is charred, the Outside portion is brown, the centre is light centre is red and warm pink and hot throughout

BLUE Charred very quickly, the outside is grilled, with the centre red and barely cooked

throughout

WELL DONE The meat is evenly brown throughout

**MEDIUM** WELL DONE Mostly brown on the outside, the meat is slightly pink in the centre

### **SOUPS**

Butternut squash velouté (G) (N) Smoked beef chorizo, toasted almonds

Traditional French onion soup (G) Melted Gruyère, French toast

# APPETISERS

Smoked salmon, classic blinis (G) Homemade blinis, sour cream, orange candy, dill leaves, green salad, citrus dressing

Artichoke barigoule, noisette root vegetables, crispy basil (A) (G) (V) Artichoke mousseline, baby carrots, celery, cherry tomato confit, chipotle foam

Ricotta spinach ravioli (G) (S) Beurre noisette vegetables, chargrilled bell pepper, crustacean jus

Half-cooked grilled tuna guinoa salad (G) Marinated tuna loin, fennel, lemon zest, fried capers, tomatoes, pickled cucumber, sweet bergamot oil



# DESSERTS

Chocolate passion cake (G) (N) Chocolate sable, crunchy chocolate mousse, passion fruit curd, whipped praline ganache

Raspberry Saint Honoré (G) (N) Choux craquelin, raspberry jelly, raspberry cream, fresh raspberries, puff pastry, vanilla Chantilly

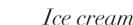
Walnut trickle tart (G) (N) Sugar crust, walnut trickle filling, bread crumbs, double cream

Braised Wagyu short ribs 150G (G) Lamb shank bone-in 250G

Seafood Salmon 200G

Seafood bouillabaisse 150G (G) (S)

Seafood Sauces Horseradish cream (G) Meunière (N)



Meat Sauces

**Barbecue** (G)

Mushroom (G)

Herb butter (G)

Green peppercorn (G)



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