

## VITALITY BOWL

	price, rub	weight, gr/pcs	
avocado, grilled salmon, white rice, red cabbage, cucumber, bean sprouts	1190	250	
tomatoes, guacamole, baked beets, venere rice, bryndza cheese	490	250	
broccoli, grilled marble beef, cucumber, carrot, rice, avocado	650	250	
grilled chicken fillet, beans, tomatoes, spinach, cucumber, matsoni	490	250	

## SALADS

green salad with spinach, baked beets and feta	450	250	
tomato salad with red onion, olive oil, balsamic vinegar and basil	550	240	  
red radish salad with fresh cucumber and annual herbs, with dressing of your choice: local unrefined oil / sour cream	450	200	
local fresh vegetables salad with bryndza cheese	490	300	
pink tomato salad with matsoni, caucasian annual herbs and grilled chicken with crunchy flat bread	550	350/10	
romaine lettuce with smoked salmon	760	280	

## STARTERS

barbecue beef ribs with idaho potatoes	890	180/100	
chicken shawarma	750	250/100	
marble beef taco with green salad and parmesan sauce	790	250	
chicken quesadilla with grilled vegetables, spicy tomato sauce and guacamole	650	250	
grilled circassian cheese with kvass balsamic sauce	560	150/10	

## SOUPS

gazpacho with beets ice cream	450	300/50	
chilled okroshka with vegetables and annual herbs	550	350/110	
white miso soup with shiitake mushrooms and tofu	450	300	
chicken broth with eggs and croutons	450	250/40/30	

## SEAFOOD AND FISH

	price, rub	weight, gr/pcs	
black sea mussels with white wine and tapenade sauce	990	300/100/20	
black sea mussels with cream sauce and blue cheese	990	300/100/20	
black sea mussels with classic tomato sauce and herbes de provence	990	300/100/20	
local rainbow trout	990	1pcs/40gr	 
trout fillet	650	80/40	
black sea garfish	990	200/40	
black sea red mullet (seasonal)	890	200/40	

## GRILLED MEAT AND POULTRY

pork shashlik with marinated onion and caucasian sauce	990	200/30/50	
grilled picanha steak with demi-glace sauce	1190	250/50	
grilled newport steak with demi-glace sauce	1190	250/50	
chicken thighs shashlik with caucasian sauce	790	150/30/30	
local grilled chicken	990	1pcs/30/30	

## SIDES

grilled vegetables	390	200	 
french fries with ketchup	290	150/50	
corn cob	200	180	 
grilled avocado with cilantro pesto	560	150/10	 
bacon baby potatoes skewers with cherry tomatoes and red onion	350	150	
grilled broccoli with satay sauce, charred lime, roasted peanuts and cilantro	590	100/40	

## DESSERTS

chocolate tart with cherry sauce	450	100	
panna cotta with fruit sauce	450	100	
black currant cheesecake	450	100	



well-being (vitality)



local specialties



vegan



## SOFT DRINKS

	price, rub	ml
coca-cola / coca-cola zero / fanta / sprite / tonic water	250	500

red bull	350	350
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sparkling / still mineral water (russia)	280	500
sparkling / still mineral water (import)	350	500

## HOMEMADE LEMONADES

pear / berry / citrus / sea buckthorn with ginger / mojito	900	1000
pear / berry / citrus / sea buckthorn with ginger / mojito / piña colada	350	300

## FRESHLY SQUEEZED JUICES

orange / grapefruit	390	250
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## CHILLED JUICES

orange / cherry / tomato / apple / pineapple / cranberry	200	250
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## MILK SHAKES

strawberry / chocolate / vanilla	500	300
coffee	600	300

## KIDS COCKTAILS

mango spritz (mango, sprite, lemon juice)	250	200
piña colada (pineapple juice, coconut milk, coconut syrup)	250	200
banana mix (banana, coconut milk, passionfruit syrup)	250	200
strawberry sling (strawberry, orange juice, soda water, coconut syrup, grenadine)	250	200



## BEER

	price, rub	ml
bud non-alco	250	330
sibirskaya korona classic	250	470
heineken	550	330
spaten light	650	500
spaten dark	650	500

## DRAUGHT BEER

hoegaarden	750/550	500/330
bud	550/400	500/330

## CIDER

vasileostrovskaya brewery, russia	450/850	330/750
apple / pear		
kerisac, france	1950	750
brut / demi-sec		

## SANGRIA

sparkling wine	2100	1000
white wine	1900	1000
rosé	2300	1000
red wine	1900	1000

## COCKTAILS

piña colada	700	300
kir royal	700	180
martini royal	750	300
mojito	650	400
aperol spritz	650	250

## HOT BEVERAGES

espresso / ristretto / americano	290	30/20/160
decaffeinated coffee	290	160
cappuccino / latte / double espresso	370	160/250/60
hot chocolate	350	160
loose leaf tea	390	600
tea to go (black / green / fruit / herbal)	150	250



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We care about your health. Please, inform the waiter about the products, which may cause allergic reactions. You may find a table of allergens in the consumer's corner. This brochure is advertising-informational material.

You can find a detailed menu of the restaurant in the consumer's corner. Period of validity: since 15.06.2020 till next edition.

all prices are in russian rubles including vat.

