

SPA MENU

swissôtel RESORT
SOCHI KAMELIA

pürovel
spa & sport

FACE CARE

EXPRESS-INTENSIVE FACIAL HYDRATION

30 min / 4 000 rub

Express treatment fills the skin with moisture and restores elasticity.

EXPRESS CARE WITH ALGINATE MASK

30 min / 5 000 rub

Express treatment with alginate mask is focused on deep skin regeneration and light lifting.

SOS PROGRAM FOR SENSITIVE SKIN

35 min / 4 500 rub

Express treatment restores the balance of the face skin impacted by negative environmental effect (sun, wind, dry air). Relieves redness and irritation, soothes and nourishes.

INTRACEUTICALS OXYGEN REJUVENATION

60 min / 14 000 rub

Under the pressure of concentrated oxygen, deep skin layers are filled with rejuvenating cocktails enriched with beneficial substances: hyaluronic acid, multivitamin complex and peptides. The cocktails are individually selected by a cosmetologist according to the skin type.

INTENSIVE REJUVENATION + CORRECTION

90 min / 18 000 rub

Intensive treatment with two serums for complex moisturizing and rejuvenation focuses on mimic wrinkles. Double wow effect: young, plump, radiant skin.

ENDOSPHERES FACIAL THERAPY

40 min / 5 000 rub

A complex effect - increasing the tone of tissues, strengthening the walls of blood vessels, improving microcirculation, reducing edema, smoothing wrinkles, formatting a clear oval, improving skin quality and complexion.

FACE MASSAGE

30 min / 3 700 rub

60 min / 5 500 rub

Increases skin elasticity and firmness, improves blood microcirculation, slows down age-related changes, eliminates swelling of soft tissues and tones facial muscles, aligning the face contour.

CITY LIFE

60 min / 8 000 rub

A treatment created for metropolises residents. Due to deep cleansing and gentle facial massage, the skin becomes fresher and more revitalised, while the oxygen serum saturates the skin and covers it with invisible protection.

GLOBAL REJUVENATION

80 min / 9 000 rub

A unique treatment that includes a total relaxation program: a wax mask with a patented rejuvenating complex and special massage techniques. This treatment has a powerful antioxidant and smoothing effect.

FLAWLESS SKIN

60 min / 8 200 rub

A treatment focusing on combined and oily skin. The use of active components of a kaolin mask and oxygen serum creates an invisible protective barrier for the skin and a feeling of freshness and renewal.

DEEP CLEANSING

100 min / 8 500 rub

A multi-step treatment that cleanses pores, renews skin and smoothes the texture. Atraumatic cleansing that helps the skin to «breathe».

MASSAGES

STONE MASSAGE

60 min / 6 000 rub 90 min / 8 000 rub

The combination of warm volcanic rocks and manual massage techniques for total body relaxation.

REVITALIZING MASSAGE

30 min / 4 000 rub 60 min / 6 000 rub 90 min / 8 000 rub

The classic massage technique aimed at warming up the muscles and relieving body tension.

TONING MASSAGE

30 min / 4 200 rub 45 min / 5 500 rub 60 min / 6 500 rub

Allows to relieve muscle pain and tension, especially after training; accelerates lactic acid removal.

RELAXING MASSAGE

60 min / 6 000 rub 90 min / 8 000 rub

A classic massage technique with slow and gentle muscle action helps to relax and reactivate the psycho-emotional balance.

CHILDREN'S MASSAGE

20 min / 2 500 rub 40 min / 3 500 rub



SPA PROGRAMS

MARINE DETOX CLEANING

90 min / 9 300 rub

- Mineral marine hydromassage bath
- Body scrubbing
- Sea detox wrap

We recommend starting your vacation with this program – it will contribute to the improvement of body detoxification, skin regeneration, reduction of swelling and activation of lipolysis processes.

MODELING PROGRAM «POWER OF 5 ACTIVES»

90 min / 9 500 rub

- Body scrubbing
- Lipolytic modeling wrap
- Contour shaping massage

Intensive silhouette modeling. Reducing volume, improving skin quality and structure. Active toning and draining effect.

CALIFORNIA WAVE

90 min / 9 500 rub

- Mineral marine hydromassage bath
- Gentle mineral scrubbing
- Relaxing massage

Deep body relaxation and exposure to sea minerals, complemented with relaxing massage techniques.

SPA PROGRAM FOR A COUPLE

90 min / 14 000 rub 120 min / 17 000 rub

- Mineral sea whirlpool bath
- Relaxing massage

The program is carried out in a special double treatment room with Jacuzzi - you and your partner enjoy relaxation and recovery together.

SPA PEELS

SILK SMOOTHNESS

60 min / 8 000 rub

The combination of soft scrub and rich sea balm returns a feeling of comfort and moisture to the skin.

MINERAL BODY PEELING

40 min / 4 500 rub

A scrub with natural sea salt crystals gently polishes and cleanses the skin, saturating it with microelements and stimulating cellular renewal.

SPA BODY WRAPS

THALASSO BODY WRAP

70 min / 7 700 rub

- Mineral sea whirlpool bath
- Seaweed wrap
- Hydrating treatment

A seaweed wrap treatment based on natural micronized algae saturates the skin with sea minerals and microelements creating a powerful detox effect.

NOURISHING MARINE RECOVERY

60 min / 7 000 rub

A deep body wrap based on rich, nourishing sea balm intensely moisturizes the skin and creates a long-lasting feeling of comfort and balance.

SOS-PROGRAM «RESTORATION AND BALANCE»

60 min / 7 000 rub

Designed to restore irritated skin after insolation and adverse environmental impact. A gentle gel wrap combined with a relaxing massage will relieve irritation, redness, soothe and balance the skin, moisturize and give it firmness.



ST BARTH BODY TREATMENTS

ST BARTH SENSITIVITY

60 min / 7 000 rub

A rich body mask made with pure coconut or avocado oil. You can choose from lily, tropical vanilla or tiare flowers. Rich in lipids and unsaturated fatty acids, it nourishes and moisturizes the skin. Relaxing massage with gentle smoothing movements enhances the treatment effect, bringing pleasure to the soul and body.

ST BARTH HARMONY

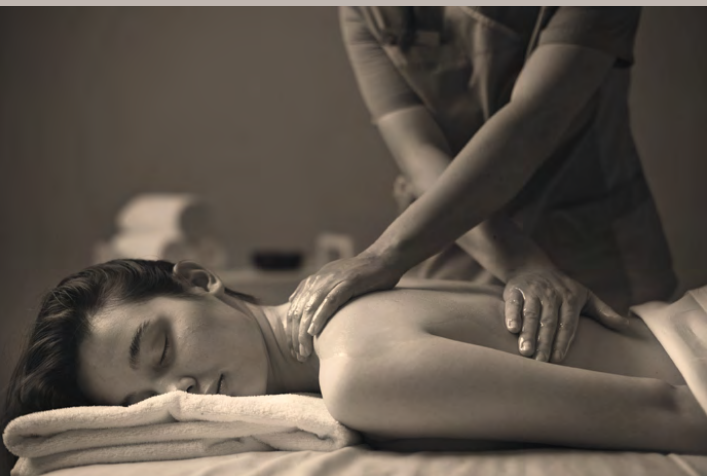
60 min / 7 000 rub

The total body massage is focused on your sensitive points and performed with the skin products of your choice. We use coconut oil to hydrate dry skin, avocado oil to firm it up, camphor and menthol oil to invigorate, ivy gel to smooth, and aloe vera gel to intensely hydrate. A luxurious body lotion of your favorite fragrance completes the treatment.

ST BARTH HARMONY EXPRESS

30 min / 4 300 rub

Luxurious body massage by zones with the selected product.



HARDWARE TECHNIQUES

ENDOSPHERES THERAPY

75 min / 7 500 rub

The method is based on microvibration and compression technology aimed at eliminating the signs of cellulite. Models new shapes, removes excess fat and stabilizes blood flow in the body.

INTENSIVE WEIGHT LOSS

60 min / 6 000 rub

- Endospheres therapy massage from knees to chest
- Body mask for problem areas

PRESSOTHERAPY

Intensive removal of excess fluid from the body and stimulation of metabolic processes. Puffiness reduction, fatigue relief, relaxation.

WHOLE BODY PRESSOTHERAPY

40 min / 4 000 rub

Legs, buttocks, abdomen, arms.

ONE ZONE PRESSOTHERAPY

20 min / 2 500 rub

LIGHT LEGS

30 min / 3 500 rub

Leg pressotherapy + cooling toning foot wrap.

EXOTIC SPA MENU



*TREATMENTS PERFORMED BY SPECIALISTS
OF THE HIGHEST CATEGORY FROM BALI.*

ANTI-STRESS BACK TREATMENT

30 min / 4 200 rub

Treatment aimed at eliminating clamps and congestion in back muscles, shoulder girdle and neck-collar zone.

TRADITIONAL BALI BODY TREATMENT «JOURNEY TO THE TROPICS»

60 min / 6 200 rub 90 min / 8 200 rub

Body work with traditional Balinese technique using gentle care, which perfectly nourishes and moisturizes the body. Eliminates clamps, fatigue and depression.

SLIM LIFTING

60 min / 6 700 rub

Intensive care with fucus-based balm helps to neutralize fats, regulates metabolic processes and radically reduces unwanted body fat and cellulite.

FOOT RITUAL

30 min / 4 000 rub

Working out the feet in special zones that concentrate vital energy. Recommended for harmonizing the energy balance of the body, rejuvenation, improving the functioning of all systems, ease and mobility in the legs and eliminating fatigue.

RELAX CARE FOR THE HEAD

30 min / 4 500 rub

The treatment is recommended to relieve headaches, puffiness in the face and fatigue, improve neck mobility, relieving a feeling of tightness in the shoulder girdle, increase activity and general tone.

EXOTIC SPA MENU



THAI REGENERATIVE TREATMENT

90 min / 8 700 rub

Working out the body using the technique of influencing energetically active points. Excellent stimulating, toning, cleansing and rejuvenating treatment, slowing down aging processes, giving good sleep and improving metabolic processes.

BERBER (ARABIC) TREATMENT

60 min / 6 500 rub

Ancient Arabic (Moroccan) technique. Effects deeply on the internal vessels and lymph flow in order to improve the condition of vessels, relieve congestion in the blood circulation and activate lymphatic drainage.

«CHOCOLATE COUTURIER» SPA TREATMENT

120 min / 10 000 rub

Invigorating treatment with Brazil nuts and natural Belgian chocolate gently cleanses and nourishes the skin, fills it with energy, and the Chocolate Couturier mask instantly relieves fatigue. Nutrition and toning with «Belorange» cream-oil.

«TROPICAL MANGO» SPA TREATMENT

120 min / 10 000 rub

Scrub based on purée of the most delicate Malaysian mango, rice bran and Himalayan salt delicately cleanses, removes toxins, and the mask saturates the skin with useful microelements. Nourishing and moisturizing with mango-passion fruit balm.

SCRUB ON YOUR CHOICE

30 min / 4 000 rub

BODY MASK ON YOUR CHOICE

40 min / 4 200 rub

EXOTIC SPA MENU



«HEART OF THE OCEAN» FACIAL

60 min / 7 500 rub

An intensive program aimed at stimulating cellular activity and correcting age-related changes in the skin of the face and neckline.

«TOUCH OF THE EAST» FACIAL

60 min / 7 500 rub

The program will give the skin a feeling of deep cleansing and toning. Peeling mask with turmeric has an excellent drainage effect, improves complexion. Has an antiseptic effect. Cream with watercress extract perfectly mattifies the skin.

«SHINE OF YOUTH» FACIAL

60 min / 7 500 rub

Anti-aging facial treatment, suitable for sensitive and dehydrated skin, aimed at activating and correcting the processes of natural regeneration.



MANICURE

CLASSIC MANICURE WITHOUT COATING CLEARANCE	1 800 RUB
HARDWARE MANICURE	2 000 RUB
COATING GEL-POLISH LUXIO	2 000 RUB
COATING VARNISH KINETICS	700 RUB
GEL POLISH REMOVAL	400 RUB
REMOVING DECORATIVE POLISH	200 RUB
FRENCH COATING LUXIO	2 500 RUB
KINETICS FRENCH COATING	1 200 RUB
SINGLE NAIL DESIGN	300 RUB
REPAIR OF ONE NAIL	500 RUB
COATING 1 NAIL GEL POLISH	300 RUB
FEMALE PEDICURE CLEARANCE	2 500 RUB
MEN'S PEDICURE CLEARANCE	2 700 RUB
CUTICLE AND NAILS TREATMENT WITHOUT FOOT TREATMENT	1 500 RUB
HARDWARE PEDICURE	2 500 RUB

DEPILATION

BIKINI WITH HOT WAX	2 000 RUB
DEEP BIKINI WITH HOT WAX	3 500 RUB
AXILLARY	1 000 RUB
KNEELS AND HIPS	3 500 RUB
DEPILATION ON THE KNEEL	2 000 RUB
HAND	1 800 RUB
ABDOMEN	1 800 RUB
UPPER LIP	600 RUB
FACE SIDES AND UPPER LIP	1 200 RUB
BACK	3 000 RUB

pürovel
spa & sport





THE PÜROVEL PHILOSOPHY IS INSPIRED BY THE ALPINE SEASONS. IT REFLECTS THE FOUR STAGES OF NATURAL VITALITY: SPRING RENEWAL, SUMMER PEAK ACTIVITY, AUTUMN RECOVERY AND WINTER HIBERNATION.

PÜROVEL USES ALL THE POSSIBILITIES OF ABSORBING LIFE ENERGY FROM THE VERY DEPTHS OF SWITZERLAND.

TO INVIGORATE YOUR BODY AND MIND IN OUR SIGNATURE PÜROVEL TREATMENTS WE USE ESSENTIAL OILS OF ALPINE HERBS AND FLOWERS.

PÜROVEL SPA & SPORT

8 800 600 88 01
purovel.sochi@swissotel.com

