



swissôtel AL GHURAIR
DUBAI

Spa Menu

Discover a world of wellbeing with our three pillars of longevity –

Re-Charge | Re-Store | Re-Fresh

*Inspired by Swiss Vitality, Craftsmanship and Sustainability,
these pillars are designed to focus on your personal energy,
enriching your mind, body, and soul.*





*Live your life well
with our 3 pillars*

Boost vitality | Clear negativity | Achieve stability

YON
KA
PARIS

PROVERB
LIFE FUELLED SKINCARE



Re-Charge
*Inspired by soft citrus and floral
aromas. Feel energised & enhanced.*



Re-Store
*Inspired by lavender and petit
grain. Embrace stress relief & age
defense.*



Re-Fresh
*Inspired by rosemary and cypress.
Experience cleansing & comfort.*

Rituals

Sweet Orange Cocoon

A massage featuring a refreshing blend of Mandarin and sweet orange, enhanced with energizing digitopressure and a deeply cleansing double-sugar scrub.

Benefits:

Nourishing, balancing, energising
90 mins | AED550 per person

Timeless Glow

Using anti-aging techniques and a professional Lift Masque. A de-stressing massage with lavender and petitgrain for easing the mind and body.

Benefits:

Soothing, clarifying, rejuvenating
90 mins | AED720 per person
90 mins | AED1295 per couple

Phyto Deep Detox

A five-phased deep cleansing treatment with bamboo-sculpting massage technique and a purifying face peel with the calming aroma of Yonka's quintessence.

Benefits:

Detoxifying, sculpting, cleansing, purifying
90 mins | AED680 per person



Re-Charge - Energise, enhance

Re-Store - Stress relief, age defense

Re-Fresh - Cleanse, comfort





Facials

C25 Radiance Revival

The ultimate treatment for sublime skin health, featuring a double peel and finishing with Hydro 52 Lait Hydratante.

Benefits:

Smoothing, illuminating, clarifying
60 mins | AED680 per person

Contour Renewal

A phytoaromatic treatment featuring a deep peel with a professional Lift Masque, finishing with the Alpha Contour Serum C25.

Benefits:

Smoothing, revitalising
60 mins | AED680 per person
60 mins | AED1220 per couple

Le Grand Classique

A five-phase deep cleansing experience featuring a purifying deep peel and the soothing aroma of Yonka's Quintessence.

Benefits:

Detoxifying, brightening, clarifying,
smoothing, unclogging
75 mins | AED600 per person



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Body Treatments

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Rebalance Massage

A fully manual re-balancing massage using energising digitopressure techniques to relax the body.

Benefits:

Rejuvenation, rebalancing
30 / 60 mins | AED215 / 380 per person

Luxe Calm Massage

An Aroma Luxe de-stressing massage with lavender and petitgrain, using exclusive techniques to relax the mind and body.

Benefits:

Relaxing, calming, easing
60 mins | AED380 per person
60 mins | AED680 per couple

Sculpt & Soothe Massage

A comprehensive toning massage incorporating bamboo sculpting techniques for enhanced contouring and relaxation.

Benefits:

Draining, soothing
30 / 60 mins | AED215 / 380 per person



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PROVERB
LIFEFUELLED SKINCARE



Body Treatments

- Radiant Focus Massage**
An invigorating massage infused with ginger, black pepper, and frankincense, designed to relieve fatigue.

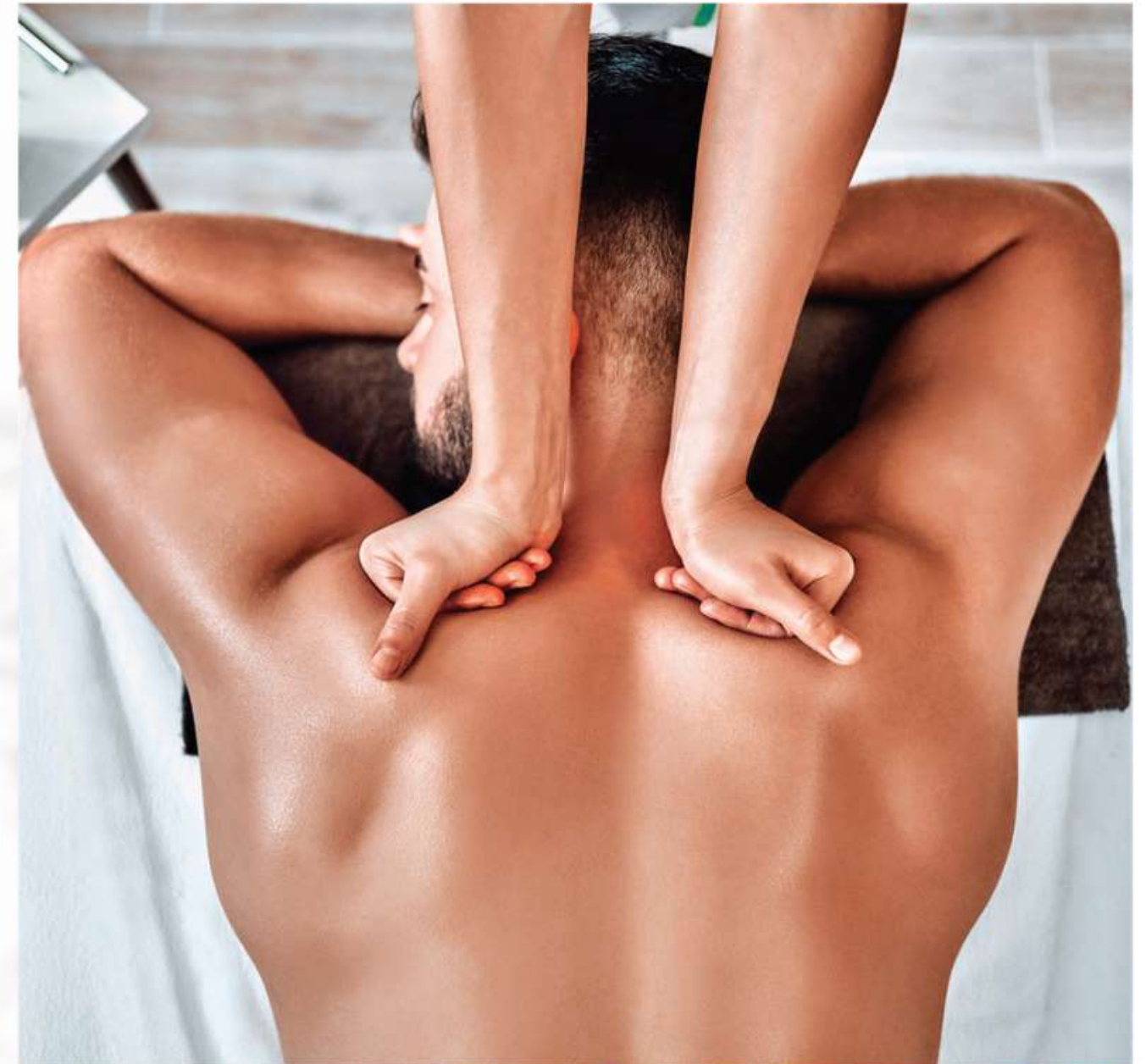
Benefits:
Rejuvenating, recovering, focussing
60 / 90 mins | AED340 / 485 per person

- Gentle Restore**
A revitalising tension and age-defender massage infused with wild mint, eucalyptus, geranium, and lavender to strengthen the skin, body, and mind.

Benefits:
Decongesting, boosting clarity, immunity
60 mins | AED340 per person
60 mins | AED610 per couple

- Tranquil Recovery Massage**
A cleansing and comforting recovery massage with rose, lavender, geranium, and ylang-ylang, designed to promote skin toning and restore balance.

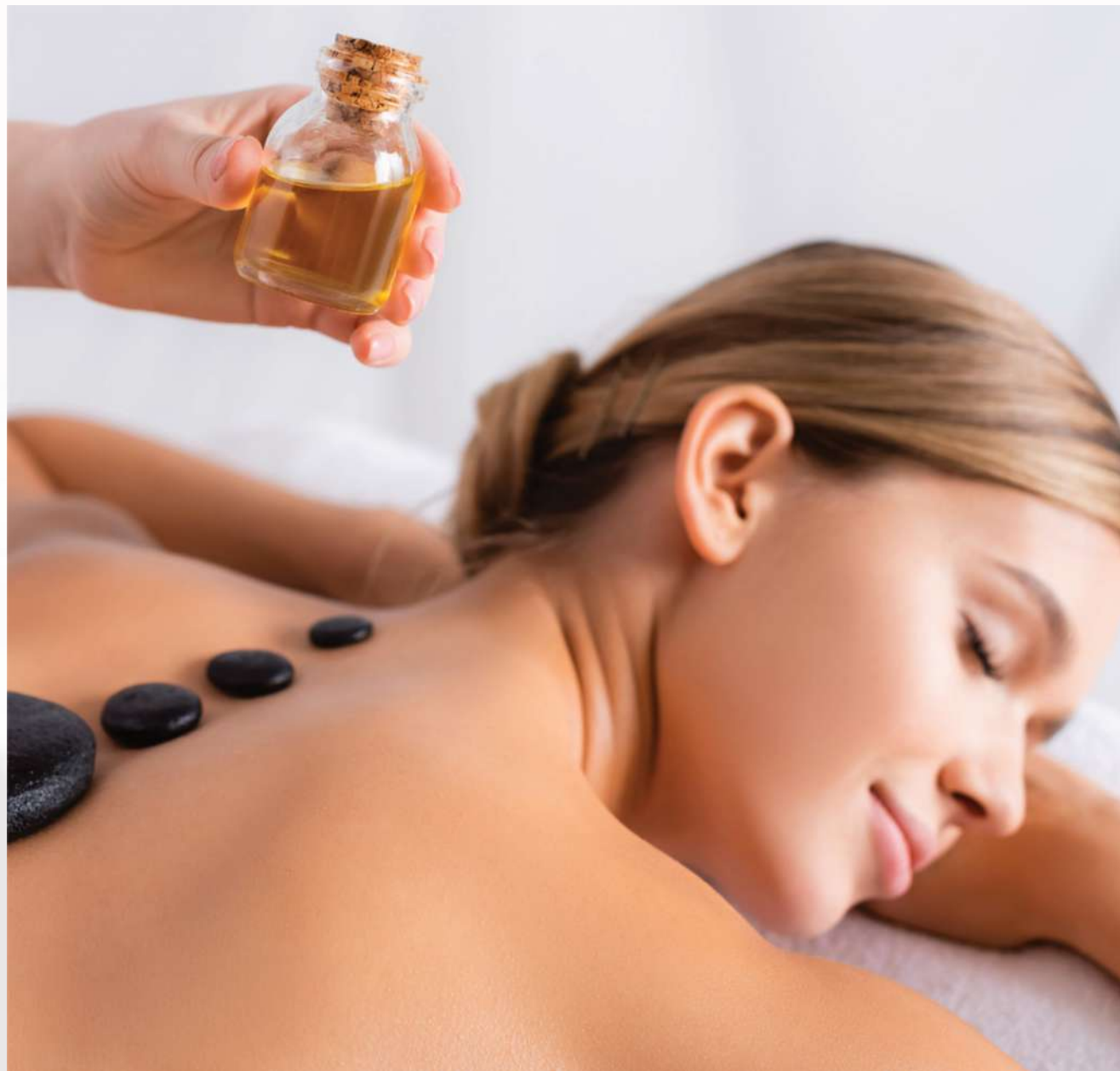
Benefits:
Calming, nourishing, cleansing
60 / 90 mins | AED340 / 485 per person



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Body Treatments

- **Mountain Hot Stone Massage**
Using nourishing oils and warm volcanic hot stones, this therapy effectively soothes muscle tension and stimulates circulation.

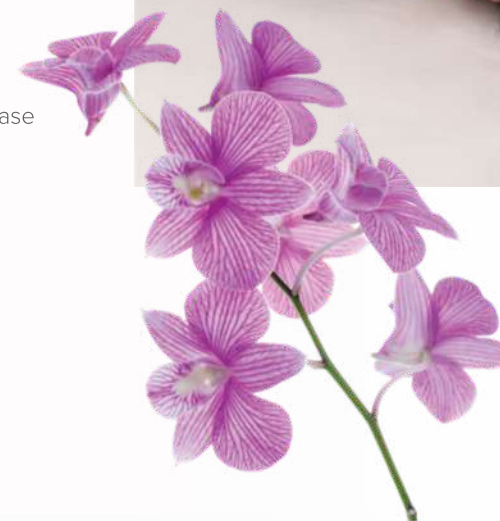
Benefits:
Restful, calming, regenerating
90 mins | AED450 per person

- **Swiss Essence Massage**
Inspired by the serene Swiss Alps, this soothing massage blends light pressure with flowing movements to ease tension and promote a gentle detox. Enhanced with a specially crafted aromatic oil, made in-house by our team, this treatment offers a soft, mindful relaxation experience tailored to restore natural balance.

Benefits:
Tension releasing, calming, de-stressing
30 mins | AED170 per person
45 mins | AED240 per person
60 mins | AED280 per person
60 mins | AED535 per couple

- **Vitality Detox Massage**
Lemongrass and peppermint, applied with lymphatic techniques, work together to release toxins and effectively stimulate circulation.

Benefits:
Detoxifying, stimulating, refreshing
60 mins | AED300 per person



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● *Re-Fresh - Cleanse, comfort*



Scrubs

VelvetRenewScrub

The perfect balance of mid-level abrasion, double sugar exfoliation, and nourishing oils to lock in moisture, leaving the skin soft, supple, and rejuvenated.

Benefits:

Exfoliating, nourishing
30 mins | AED240 per person

Silk Glow Scrub

Gentle exfoliation with bamboo powder and apricot kernels, designed to hydrate and renew the skin.

Benefits:

Hydrating, exfoliating, softening
30 mins | AED240 per person

Crystal Salt Scrub

A deep exfoliation with natural sea salt to detoxify and energise your skin, while nourishing oils keep it soft and hydrated.

Benefits:

Exfoliating, remineralising
30 mins | AED240 per person



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Wraps

Lymphatic Detox Wrap

A relaxing leg treatment designed to relieve tired, weary legs and reduce water retention.

Benefits:

Rejuvenating, draining, refreshing
40 mins | AED280 per person

Serene Silhouette Wrap

A slimming treatment featuring an aromatic wrap and targeted anti-water retention and dimpling techniques.

Benefits:

Targeting, slimming, firming
60 mins | AED380 per person

Phyto Firm Wrap

A firming treatment with an aromatic wrap and targeted lifting techniques for enhanced skin tone and elasticity.

Benefits:

Firming, lifting, rejuvenating
60 mins | AED380 per person

Cello Sculpt

A reactivation and detoxification of the body and mind with a Phyto Legarete anti-fatigue leg treatment, combined with an aroma drainage aromatic massage and Phyto Fermete aromatic wrap and sculpting.

Benefits:

Detoxifying, sculpting, revitalizing
90 mins | AED600 per person



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Add-ons

Hair

- Seoulista beauty glossy locks instant hair treatment
- Seoulista beauty blondi locks instant hair treatment
- Seoulista beauty curly locks instant hair treatment

Price

- AED119
- AED119
- AED119

Face

- Seoulista beauty brightening instant facial
- Seoulista beauty correct & calm instant facial
- Seoulista beauty wonderberry instant facial
- Knesko gold repair collagen face mask
- Knesko rose quartz antioxidant collagen face mask

- AED99
- AED99
- AED99
- AED170
- AED150

Hands & Feet

- Seoulista beauty rosy toes instant pedicure sleeved
- Seoulista beauty rosy hands instant manicure sleeved

- AED99
- AED99

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LIFE IS A JOURNEY. LIVE IT WELL.

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