

VITALITY LUNCH

3 Course vitality lunch at AED 65 per adult

2 Course vitality lunch at AED 55 per adult

*Choice of 1 item each from appetizer, main course and dessert

Available Monday - Saturday

from 12 PM to 3 PM in Liwan Restaurant

STARTERS

Super Green (V)

Crispy mix lettuce, bean sprouts, cucumber shavings, edamame beans, sunflower seeds with balsamic dressing

Power Protein Salad

Steamed chicken, green beans, broccoli and steamed potato, topped with mix greens with citrus vinaigrette

Quinoa Salad

Quinoa, rocca leaves, fresh garden herbs with berries & lemon juice

SOUP

Classic Bean Soup (V)

Red beans, stewed onion, carrot, celery, roasted tomato, tempered with cumin & fennel seeds

Ultimate Chicken Broth

Diced chicken with seasonal veggies in a flavorful broth

MAIN COURSES

Grilled Chicken Breast

Maple glazed sweet potatoes, corn succotash and chimichurri sauce

Pan seared salmon

Puy lentils ragout, steamed asparagus, preserved lemon cream

Tahini roasted vegetable bowl

Chickpeas, sweet potato, zucchini with tahini dressing

DESSERT

Orange & Almond Chocolate Marquise (GF)

Gluten free rich chocolate almond cake in the flavor of orange

Arabian Dates Pudding

Sticky date pudding with butterscotch sauce and vanilla ice cream

Granny Smith Mousse (SF, GF, V)

Rich natural flavor of granny smith apple mousse in gluten free and vegan cake

