

EN

SO/BERLIN *Das Stue*

BOUTIQUE SPA
BY SUSANNE KAUFMANN™

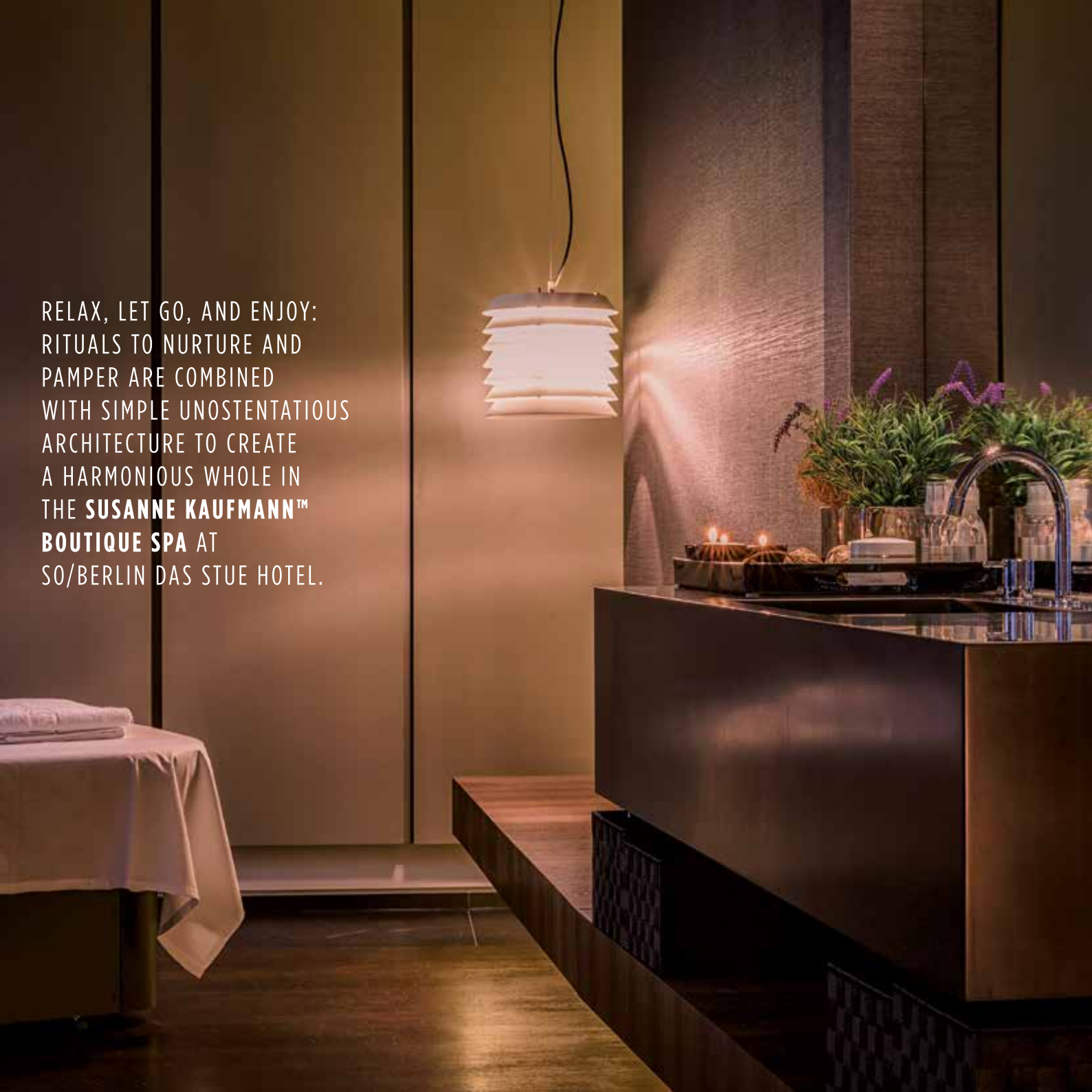
SPA MENU

**WELCOME TO
THE SUSANNE KAUFMANN™
BOUTIQUE SPA BERLIN**

The SUSANNE KAUFMANN™ Boutique SPA in SO/Berlin Das Stue Hotel is a place of beauty, relaxation and holistic comfort. We offer you a large selection of treatments, massages and rituals with a focus on traditional Chinese medicine and natural anti aging. You will be cared for by our highly qualified therapists and beauticians. Take your time for health, beauty and regeneration for a few restorative hours, a relaxing beauty day, or an accompanying program during your stay. We would be pleased to give you a personal consultation before your visit.

**You can reach the SPA directly under
the telephone number +49 (0)30 311 722 160
or via email to spa@das-stue.com.**

RELAX, LET GO, AND ENJOY:
RITUALS TO NURTURE AND
PAMPER ARE COMBINED
WITH SIMPLE UNOSTENTATIOUS
ARCHITECTURE TO CREATE
A HARMONIOUS WHOLE IN
THE **SUSANNE KAUFMANN™**
BOUTIQUE SPA AT
SO/BERLIN DAS STUE HOTEL.



SUSANNE KAUFMANN™ BESPOKE REJUVENATING FACIAL TREATMENT

The Bespoke Rejuvenating Facial combines 15 years of beauty and spa experience.

The treatment counteracts the signs of skin aging, reduces the effects of harmful environmental influences and releases deep tension of the facial muscles.

Fascial techniques, lymph drainage and deep tissue massage stimulate skin metabolism and transform the skin structure.

The result is a radiant, relaxed and youthful skin that can deal with today's environmental influences. An additional skin analysis provides information about the condition of the skin and thus creates the basis for a holistic, recommended by the expert, care system.

This treatment is available exclusively in Bezau, New York and in the SUSANNE KAUFMANN™ Boutique SPA in Berlin, provided by our beautician Kim.

- Foot bath with fascia massage in the neck
- Double cleansing
- Detailed skin history
- Double exfoliation
- Incorporation of the Vitamin C ampoule
- Fascia massage
- Lymphdrainage
- Incorporation of the Ectoine ampoule
- Face massage with lifting mask
- Incorporation of the Q10 ampoule
- Incorporation of final care with the jade roller

Bespoke Rejuvenating Facial **90 MIN** 195 EUR

Bespoke Rejuvenating Facial and the ampoule set Pollution Skin Defence System for use at home (12 ampoules) **90 MIN** 390 EUR

Pollution Skin Defence System (15 Ampullen) 265 EUR

SUSANNE KAUFMANN™ ANTI AGING SIGNATURE TREATMENT PREVENTIV

From a purely scientific point of view, skin aging begins in the mid-twenties. A good reason to develop an awareness for healthy skin at an early stage, because the consequences usually only become visible years later. By early, consistent care, the skin looks young for longer.

In the anti-aging concept of SUSANNE KAUFMANN™, we recommend the perfect treatments for early prevention of age-related skin damage to prevent the first signs of skin aging.

Traditional techniques such as the Jade Roller from TCM, deep-acting ultrasound waves, effective massage techniques and the products of the Anti Aging Line A were combined and formed into a unique treatment concept.

SUSANNE KAUFMANN™ ANTI AGING SIGNATURE TREATMENT PREVENTIV PREMIUM

- Warm foot bath
- Detox back massage
- Double cleansing
- Skin analysis
- Double peeling
- Fascia massage
- Lymphatic drainage
- Subsequent ultrasound treatment
- Highly effective lifting mask
- Hand peeling followed by arm massage
- Final care
- Jade roller
- Final ritual

120 MIN 224 EUR

SUSANNE KAUFMANN™ ANTI AGING SIGNATURE TREATMENT PREVENTIV

- Warm foot bath
- Double cleansing
- Skin analysis
- Double peeling
- Fascia massage
- Lymphatic drainage
- Subsequent ultrasound treatment
- Highly effective lifting mask
- Hand peeling followed by arm massage
- Final care
- Jade roller
- Final ritual

85 MIN 165 EUR

SUSANNE KAUFMANN™ ANTI AGING SIGNATURE TREATMENT PREVENTIV EXPRESS

- Double cleansing
- Skin analysis
- Double peeling
- Fascia massage or subsequent ultrasound treatment
- Facial massage with highly effective lifting mask
- Final Care
- Jade roller
- Final ritual

45 MIN 90 EUR

SUSANNE KAUFMANN™ ANTI AGING SIGNATURE TREATMENT REPAIR

The new Advanced Anti-Aging Care System combines all the important active components for combating age-related skin damage and includes an innovative and patented repair mechanism for cell renewal. In line with this, a signature treatment was developed to sustainably improve the condition of the skin and the connective tissue of the demanding skin. Innovative massage techniques on the neck, face and arms help to stimulate the metabolism of the skin, to improve the lymphatic activity and thus to be able to work the active ingredients in more deeply.

The result is an intense process that creates beauty on all levels.

- Warm foot bath
- Detox back massage
- Double cleansing
- Skin analysis
- Double peeling
- Fascia massage
- Lymphatic drainage
- Facial massage
- Highly effective lifting mask
- Hand peeling followed by arm massage
- Final care
- Jade roller
- Final ritual

120 MIN 234 EUR

TREATMENTS BEAUTY

The professional knowledge and empathy of certified spa therapists brings your outer and inner beauty into balance. In order to achieve an optimal result and the desired sustainability, the treatments and products are perfectly tailored to the needs of your individual skin. Our selected post-treatment care helps you achieve faster results and ensures that you get the most out of every facial treatment at SO/BERLIN Das Stue Hotel.

SUSANNE KAUFMANN™ ALKALINE DETOX SIGNATURE TREATMENT

An effective treatment that is tailored to cleansing and detoxifying the skin. SUSANNE KAUFMANN™ Alkaline Detox Signature Treatment starts with an acidifying footbath and includes a history of skin condition, deep cleansing, basic exfoliation, lymphatic drainage and a cleansing mask.

Face, neck and décolleté are gently peeled with a base salt enriched with minerals, vitamins and trace elements. The regeneration process is thus supported and the natural balance restored. The skin looks renewed harmonized and radiant. Includes a personal aftercare recipe.

- Warm alkaline foot bath
- Initial ritual
- Double cleansing
- Detailed skin anamnesis
- Alkaline exfoliation
- Deep cleansing
- Healing earth mask
- Lymphatic drainage
- Incorporation of final care with the jade roller
- Final ritual

55 MIN 94 EUR

SUSANNE KAUFMANN™ TRANSFORMATIVE SIGNATURE TREATMENT

An individual treatment tailored to your skin needs, can transform the skin into the state you desire for it. After a thorough history of skin condition, selected products and tailored massage techniques are used to stimulate skin condition improvement. With this treatment, topics such as dry skin, impure skin, couperose and more are improved. A clear, radiant complexion returns, enriched with energy and a harmonious skin feel.

- Warm foot bath
- Initial ritual
- Double cleansing
- Skin analysis
- Peeling (according to skin type)
- Massage technique (lymphatic drainage, fascia or facial massage) - as needed
- Mask and matching serum
- Arm massage
- Final Care
- Jade roller
- Final ritual

85 MIN 130 EUR

SUSANNE KAUFMANN™ SIGNATURE TREATMENT MEN

An individual treatment tailored to the needs of man's skin, can transform the skin into the state you desire for it. After a thorough anamnesis, selected products and coordinated massage techniques are used to stimulate the improvement of the skin. This treatment effectively enhances issues such as dry, sensitive or impure skin. The result is a clear, revitalized and youthful complexion.

- Warm foot bath
- Initial ritual
- Cleansing
- Skin analysis
- Enzyme peeling
- Massage technique (lymphatic drainage, fascia or facial massage) - as needed
- Mask and matching serum
- Arm massage
- Final Care
- Jade roller
- Final ritual

85 MIN 130 EUR



SUSANNE KAUFMANN™ SIGNATURE TREATMENT TEENAGER

Designed specifically to meet the needs of youthful skin (ages 12-16), this treatment is developed with matching products that nurture teenage skin and eliminate potential problems. These can be caused by hormonal changes, lifestyle and bad eating habits. Each treatment includes a thorough history of the condition of the skin, deep cleansing, lymphatic drainage and a cleansing mask. Acne, redness and large pores are eliminated and the skin functions balanced.

- Initial ritual
- Double cleansing
- Skin analysis
- Deep cleansing
- Healing earth mask
- Lymphatic drainage
- Final care
- Final ritual

55 MIN 76 EUR

FACIAL TREATMENTS

ULTRASONIC AS ADD ON TO YOUR TREATMENT

20 MIN 44 EUR

IN ADDITION TO THE FACIAL

Eyelash and eyebrow tinting and sculpting	40 EUR
Eyelash tinting	24 EUR
Eyelash tinting (combination with other application)	14 EUR
Eyebrow tinting	24 EUR
Eyebrow tinting (combination with other application)	14 EUR
Eyebrow sculpting	24 EUR
Ampoules cure per ampoule	18 EUR

MAKE-UP BY »UND GRETEL BERLIN«

Day make-up
Evening make-up

CA. 25 MIN 45 EUR
CA. 40 MIN 65 EUR

FACIAL REJUVENATION ACUPUNCTURE

The goal of anti-aging acupuncture is to delay the aging process of the skin, promote the general well-being and to achieve a glowing appearance. Through the method of facial rejuvenation, the circulation of qi and blood as well as the production of collagen significantly increase and the lymphatic flow is stimulated. The muscle tone, skin tone, skin moisture and skin texture improve. In this manner, a natural rejuvenation of the face can be achieved without botox or foreign substances. Special, ultra-thin needles in the face strengthen the circulation and provide improved metabolism in the skin and help you to achieve a radiant appearance. Our registered German naturopath and beautician Anja Gormanns has learned this method from Virginia Doran and provides treatment according to her principles.

INITIAL- ANAMNESES

30 MIN 65 EUR

need to be done ones before your first REJUVINATION treatment

FACIAL REJUVINATION

100 MIN 250 EUR

by Virginia Doran

The treatment can be booked as a one-time fresh-up for the maximum glow before an event or as an intensive cure with long-term effect with 10-15 treatments depending on the skin condition. In the first month it is recommended to do the treatment twice a week and continue with the treatment every 4-6 weeks for a maximum effect and long-term results.

WE RECOMMEND OUR ADVANTAGE PACKAGES:

subscription of 5 treatments
with a 10% saving ~~1.250 EUR~~ 1.125 EUR

subscription of 10 treatments
with a 15% saving ~~2.500 EUR~~ 2.125 EUR

SUGARING

SUGARING WITH EPILADERM FOR WOMEN

Professional hair regrowth reduction with expert sugaring and enzymes.

	SUGARING	SUGARING WITH ENZYM KOMPLEX
Upper lip		18 EUR
Chin		18 EUR
Lower leg (up to the knee)	42 EUR	58 EUR
Whole leg	64 EUR	92 EUR
Bikini zone		54 EUR
Bikini zone Brazilian		68 EUR
Armpits		38 EUR
Arms	42 EUR	58 EUR

SUGARING WITH EPILADERM FOR MEN

Professional hair regrowth reduction with expert sugaring and enzymes.

	SUGARING	SUGARING WITH ENZYM KOMPLEX
Whole leg	68 EUR	92 EUR
Back	50 EUR	80 EUR
Abdomen	40 EUR	54 EUR
Chest	35 EUR	48 EUR
Shoulders	35 EUR	48 EUR

MANICURES

CLASSIC MANICURE WITH HAND MASSAGE

50 MIN 58 EUR

DELUXE MANICURE

- Classic manicure with hand massage
- Hand scrub
- Nourishing intense care pack

70 MIN 88 EUR

PEDICURES

CLASSIC MEDICAL PEDICURE WITH FOOT MASSAGE

60 MIN 68 EUR

DELUXE PEDICURE

- Classic medical pedicure with foot massage
- Foot peeling
- Nourishing intense care pack

85 MIN 98 EUR

ALKALINE MEDICAL PEDICURE WITH FOOT MASSAGE

Feet are considered a useful auxiliary and an additional excretory kidney. Alkaline foot baths detoxify gently and are a true beautifier for the feet.

- Alkaline tea as a welcome
- Alkaline foot bath to relax
- Gentle exfoliation base peeling
- Base Wrap for legs
- Medical pedicure with foot massage

75 MIN 86 EUR

BOOKABLE IN ADDITION TO MANICURE / PEDICURE

KURE BAZAAR - detox in color. The first Nail Lacquer of the next generation to combine the ethics of an Eco-natural formula with fashionable vibrant colours. 85% natural.

Nail polishing	12 EUR
Nail polishing (French)	20 EUR

VARNISH ONLY

Nail polishing	22 EUR
Nail polishing (French)	30 EUR

WELCOME TO THE NEW GENERATION OF NAILCARE – JESSICA GELERATION!

GELeration takes a unique approach to natural nail care, that embraces JESSICA's philosophy of care. GELeration offers fantastic colour that dries in seconds, and lasts up to 21 days or more without smudging, chipping or peeling and leaves absolutely no damage to the natural nail.

Nail polish (including replacement) with a manicure or pedicure	28 EUR
Nail polish (including replacement) single booking	38 EUR
Replacement of LED nail polish from other SPA Brands	18 EUR



THERAPEUTIC MASSAGES

We offer a wide range of massages and additional treatments to correct malfunctions of the musculoskeletal system: from classic massages or Asian techniques, through to reflexology massage.

CLASSIC MASSAGE

Classic back massage	25 MIN	50 EUR
Classic part body massage	40 MIN	70 EUR
Classic full body massage	50 MIN	84 EUR
Classic full body massage extended	80 MIN	128 EUR
Surcharge for aromatic oil massage		6 EUR

SPORTS MASSAGE

A targeted massage that is customized to your individual needs. Through deep tissue techniques and stretching the complete musculoskeletal system and the muscles are mobilized. The massage revitalizes and is particularly effective for tension, joint and muscle pain.

Sports massage back	25 MIN	56 EUR
Sports massage part body	40 MIN	76 EUR
Sports massage full body	50 MIN	90 EUR

FOOT REFLEX ZONE MASSAGE WITH FOOT BATH

Warming and invigorating footbath, followed by a foot reflex zone massage. Each part of the body is connected to corresponding energy zones in the soles of the feet.

A targeted massage of these zones improves the flow of energy throughout the entire body. **55 MIN** 84 EUR

SUSANNE KAUFMANN™ RELAX TREATMENT HEAD

This massage of the back, head and neck relieves tension, headaches and blockages, promotes the flow of energy and optimizes subsequent concentrated work.

Warm sesame oil is applied to the scalp and then massaged. A warm oil turban harmonizes the energy centers. **50 MIN** 84 EUR

SUSANNE KAUFMANN™ RELAX TREATMENT FACE

This holistic treatment of face, head, neck and hands relaxes the body and clears your head. New energies are released to return to strength and vitality. **50 MIN** 84 EUR

CUPPING AND CUPPING MASSAGE

Deeply effective treatment originating in the traditional Chinese medicine, using suction cups to produce a vacuum. Used selectively it dissolves deep blockages and tension, improves circulation as well as the detoxification process. In addition it helps to improve your immune system, strengthens the self-healing process, helps with headaches and migraines, with pain and back pain as well as with asthmatic and bronchial ailments.

Cupping massage with individual focus	45 MIN	65 EUR
In combination with other massages	20 MIN	42 EUR

TREATMENTS FOR THE BODY

Beauty is the expression of holistic well-being. Give yourself time to nurture, strengthen and regenerate your body, mind and senses. Our body treatments support the excretion of toxins through the skin and improve the overall energy flow. Some of the techniques have close, regional affiliations, such as body packs, wraps and baths. We also integrate traditional, natural forms of therapy from other cultures.

SUSANNE KAUFMANN™ DEEP BALANCING SIGNATURE TREATMENT

Pure beauty, intensive care, wonderful deep relaxation from head to toe. Let your soul, your skin and your whole body be revived and pampered for 120 minutes.

- Warming foot bath for relaxation
- Careful cleansing of face, neck and décolleté
- Intensive moisturizing mask for the face
- Detox oil exfoliation to remove dead skin cells
- Caring whole-body pack with precious cuckoo oil flower
- Relaxing deep massage for the body and head to activate the energy flow
- Individualised day care
- A cup of detox tea to finish **120 MIN** 215 EUR

ALKALINE LEG WRAP

Acids and toxins are excreted through the skin of the legs and feet very well. The application is recommended especially at the beginning of a detox or fasting.

In combination with other treatments 34 EUR
Single application **30 MIN** 42 EUR

ALKALINE BODY SCRUB

Gentle body scrub with alkaline salts. Helps the skin to de-acidify, promotes the discharge of toxins and frees blocked energy, at the same time it has a relaxing effect. Highly recommended for dry skin or skin that tends to flakiness.

40 MIN 58 EUR

Includes massaging in an individual product for the body from the SUSANNE KAUFMANN™ cosmetics line.

In combination with other massages or body treatments **30 MIN** 48 EUR

BODY SCRUB

Luxurious body scrub with ingredients made from coneflower and St. John's Wort

40 MIN 58 EUR

Includes massaging in an individual product for the body from the SUSANNE KAUFMANN™ cosmetics line.

In combination with other treatments **30 MIN** 48 EUR

SUSANNE KAUFMANN™ DETOX OIL PEEL

The detox oil peel opens the channels of the dermis, from which the pollutants can flow. Special diversion points are stimulated to promote tissue circulation and the removal of slag.

Individual treatment **50 MIN** 86 EUR

Followed by massaging in the firming pomegranate oil with gentle, flowing massage techniques.

In combination with other body treatments and massages **40 MIN** 78 EUR

SUSANNE KAUFMANN™ DETOX MASSAGE

This diverting massage stimulates the deep tissue to eliminate released pollutants. The detox massage influences the flow of energy and has a positive effect on the metabolism.

50 MIN 84 EUR

SUSANNE KAUFMANN™ SIGNATURE TREATMENT DETOX

The Detox Signature Treatment is the perfect treatment to rid the entire organism of acidity and toxins.

- Warming foot bath for a relaxing soak
 - Massaging the detox oil scrub
 - Stimulating detox deep tissue massage
- 90 MIN** 170 EUR

ABHYANGA

Abhyanga is an ayurvedic full body massage, ranging from harmonizing to dynamic. Skin and muscles will be warmed up and relaxed, giving you more power and energy. This treatment offers a fast and effective regeneration of body and mind while assisting in cases of acute stress symptom.

95 MIN 160 EUR

SHIROBYANGA – INDIAN HEAD MASSAGE

An ayurvedic head massage that helps promote circulation in the head as well as relaxation of nerves and muscles. Tensions are released, head and skin are invigorated and fatigue vanishes. This treatment is highly recommended when suffering from head symptoms.

45 MIN 64 EUR

LOMI-LOMI-NUI MASSAGE RITUAL

The traditional Hawaiian body work stimulates deep layers of the tissues, where physical and spiritual tensions reside. The long massage strokes connect all areas of the body, ease blockages, harmonize and get positive energies flowing again. The muscles ease, the spirit begins to relax and one begins to let go at all levels.

95 MIN 160 EUR

»GET KAHUNA'D AT DAS STUE« – POLYNESIAN MASSAGE RITUALS FROM MASTER'S HAND

KaHuna Bodywork - From the Hawaiian tradition comes the »queen« of massages. Originally they were practiced in initiation rituals by »Huna's - the Hawaiian masters«. The Lomi Lomi Temple Massage and KaHuna Bodywork are known for their strong transformative power and deep relaxation at all levels. It is the art of bringing body, mind and soul back into harmony.

The massages are a combination of slow and rapid exhalations, gentle and powerful pressure, holding and gentle stretching. It is like flying, dipping or rolling on gentle waves and allows you to let go completely. This form of bodywork lets your body tell its story. It communicates what it needs, and the accumulated energies and tensions can be »deciphered« and solved. The technique is strong, yet gentle and a journey into the Polynesian world and your inner me!

Breath - A great part of the ritual is breathing. Something we tend to forget more and more in the civilized world. Breathing is our yes to life and to the body. Often we hold our breath, not only when we feel pain or stress, but when we think that something could be painful. Even though breathing is your best tool to detoxify your body and giving you more life energy.

KAHUNA POLYNESIAN MASTER LOMI LOMI TEMPELMASSAGE

This unique experience is performed by our »Huna« and is the »queen« of all massages. Precious and nourishing oils accompanied by beautiful and melodic Polynesian music. The aim of this massage is to help you to resolve negative thoughts and feelings, especially anxiety and to strengthen optimism and your confidence in the future, to gain new strength, to be pampered, or simply to be.

100 MIN 185 EUR

KAHUNA POLYNESIAN FLOOR MASSAGE

Gentle to vigorous stretching of the entire body and acupressure, by using the body weight of the therapist, solves blockages and posture tensions according to an old Polynesian technique. The vegetative nervous system is stimulated and the body undergoes intensive regeneration. The massage takes place in a clothed condition on a futon on the ground. Please bring comfortable sports or leisure clothing.

30 MIN 64 EUR

KAHUNA RETREAT – COMBINATION OF POLYNESIAN FLOOR MASSAGE AND MASTER LOMI LOMI TEMPELMASSAGE

This combination of the KaHuna Bodywork, allows you to deeply relax and regenerate your body, mind and soul. It strengthens you mentally for upcoming changes and an inner as well as an external new beginning. Perfect balance!

130 MIN 248 EUR

KAHUNA POLYNESIAN „JOINT & BONE RELEASE TREATMENT“

This treatment increases deceleration, a better body awareness, very deep relaxation and also helps with pain relief. By the very old healing knowledge of Polynesian »Huna's« the whole body experienced a gentle touch and movements for all joints and bones by stretching, circling movements and acupressure – explore a journey to the Polynesian islands and through your own body and feel the all-over renewal. This massage will take place clothed on a massage table – please wear comfortable sports or leisure clothing.

70 MIN 96 EUR

KAHUNA POLYNESIAN „JOINT & BONE RELEASE TREATMENT“ HEAD & FACE LIFTING

Renewal, regeneration and better skin tone for your face, décolleté and the whole head are generated by gentle acupressure, mobilization and stretching. The skin looks firmer and has a better circulation, which acts like a rejuvenation for your complexion. Stress-related tensions get released and you can relax deeply. The perfect complement to any facial treatment or as a short break in between. A healing journey to the Polynesian islands.

30 MIN 48 EUR



»BEAUTY AWAKENS
THE SOUL TO ACT.«

Dante Alighieri

BODY REJUVENATION TREATMENTS

The body rejuvenation treatments stimulate the burning of fat cells, increase the resilience of the skin and tighten the silhouette. The use of deep-acting ultrasound and effective active ingredients sustainably supports efforts to achieve a firm and beautiful skin.

SUSANNE KAUFMANN™ SIGNATURE BODY REJUVENATION TREATMENT

Highly effective firming body wrap for problem areas such as legs and buttocks or, as intensive treatment for maximum results, including stomach and arms. Stimulating and activating cupping massage of the affected body parts to aid better metabolic activity. The subsequent ultrasonic treatment incorporates the diverting agents deep into the skin and speeds up the detoxification process. The firming body wrap activates the reduction of fat cells and has a lasting effect on deep-seated tissue layers. The subsequent foil wrap pushes the fat cells together by compression, thereby releasing water and toxins from the cells, which are derived by pumping handles.

Legs and buttocks

90 MIN 185 EUR

Legs, buttocks, stomach and arms

100 MIN 200 EUR

SUSANNE KAUFMANN™ SIGNATURE DETOX BODY REJUVENATION TREATMENT

Maximum results and nice smooth skin can be attained by the combination of the highly effective Detox Oil Peeling and the BODY SHAPE treatment. Bookable with focus on legs and buttocks or as intensive treatment including stomach and arms.

Legs and buttocks

110 MIN 214 EUR

Legs, buttocks, stomach and arms

130 MIN 234 EUR

BODY RITUALS FOR TWO

Special applications in your own small spa. Daylight-drenched room equipped with rain shower, massage bath and 2 SPA beds. The treatments are conducted by 2 therapists.

DUO RELAX

- Welcome tea to get you in the mood
 - Stimulating whole-body massage with soft brushes for the removal of dead skin cells
 - Nourishing Body Wrap with an aroma of your choice or aroma bath in the whirlpool tub
 - Relaxing fullbody massage with an aroma oil of your choice
- 90 MIN DUO 280 EUR**

DUO DETOX BASIC

- Healthy living alkaline tea as a welcome
 - Alkaline foot bath
 - Stimulating whole-body massage with soft brushes for the removal of dead skin cells
 - Relaxing alkaline bath, a holistic relaxation and cleansing ritual that detoxifies, regulates the pH factor and leaves skin feeling silky smooth
 - Lymph activating body massage
- 120 MIN DUO 370 EUR**

PERSONAL TRAINING

Your individual focus is important to us, whether building up muscles, prevention, rehabilitation, core training, nutrition or your companies fitness. Our training team will help you reach your goals. We offer you a holistic personalized training in our GYM or, depending on seasonality, in the Tiergarten, followed by extensive stretching and relaxation. Can also be booked as yoga or pilates. Please book well in advance.

small groups or companies

60 MIN 120 EUR
upon agreement

DAY PROGRAMS

A whole day at the SUSANNE KAUFMANN™ BOUTIQUE SPA in Berlin with a themed focus of your choice. Give yourself a time-out from the everyday, either regularly as a well-earned reward, as preparation for a special occasion, or just because you deserve it. We are happy to advise you, and can also put together a personalized program for you. Included in our day programs is the whole-day use of the SPA area, a welcome drink and a light lunch in our The Casual Restaurant.

1 DAY ALL-ROUND HEALTHY 100 MIN OF RELAXATION TIME IN TREATMENT

- Foot bath with foot massage
 - classic back massage with an aroma of choice
 - SUSANNE KAUFMANN™
Relax Treatment Face
- *184 EUR 224 EUR**

1 DAY ACTIVE REGENERATION 145 MIN OF RELAXATION TIME IN TREATMENT

- Gentle, regenerating and pore-refining body peel
 - Classic part-body massage with an aroma oil of your choice
 - Foot bath with foot massage
 - SUSANNE KAUFMANN™
Relax Treatment Face
- *252 EUR 292 EUR**

1 DAY PURE BEAUTY 230 MIN VERWÖHNZEIT IN DER BEHANDLUNG

- Gentle, regenerating, and pore-refining body peel
 - Medical pedicure with foot massage and polish
 - Classic manicure with hand massage and polish
 - SUSANNE KAUFMANN™
Alcaline Detox Signature Treatment
- *302 EUR 342 EUR**

1 DAY GENTLEMEN ONLY 135 MIN OF RELAXATION TIME IN TREATMENT

- classic full-body massage with an aroma oil of your choice
 - SUSANNE KAUFMANN™
Signature Treatment Men
- *214 EUR 254 EUR**

* For hotel guests. Without cocktail and lunch. Treatments in packages are not interchangeable.

SUSANNE KAUFMANN™

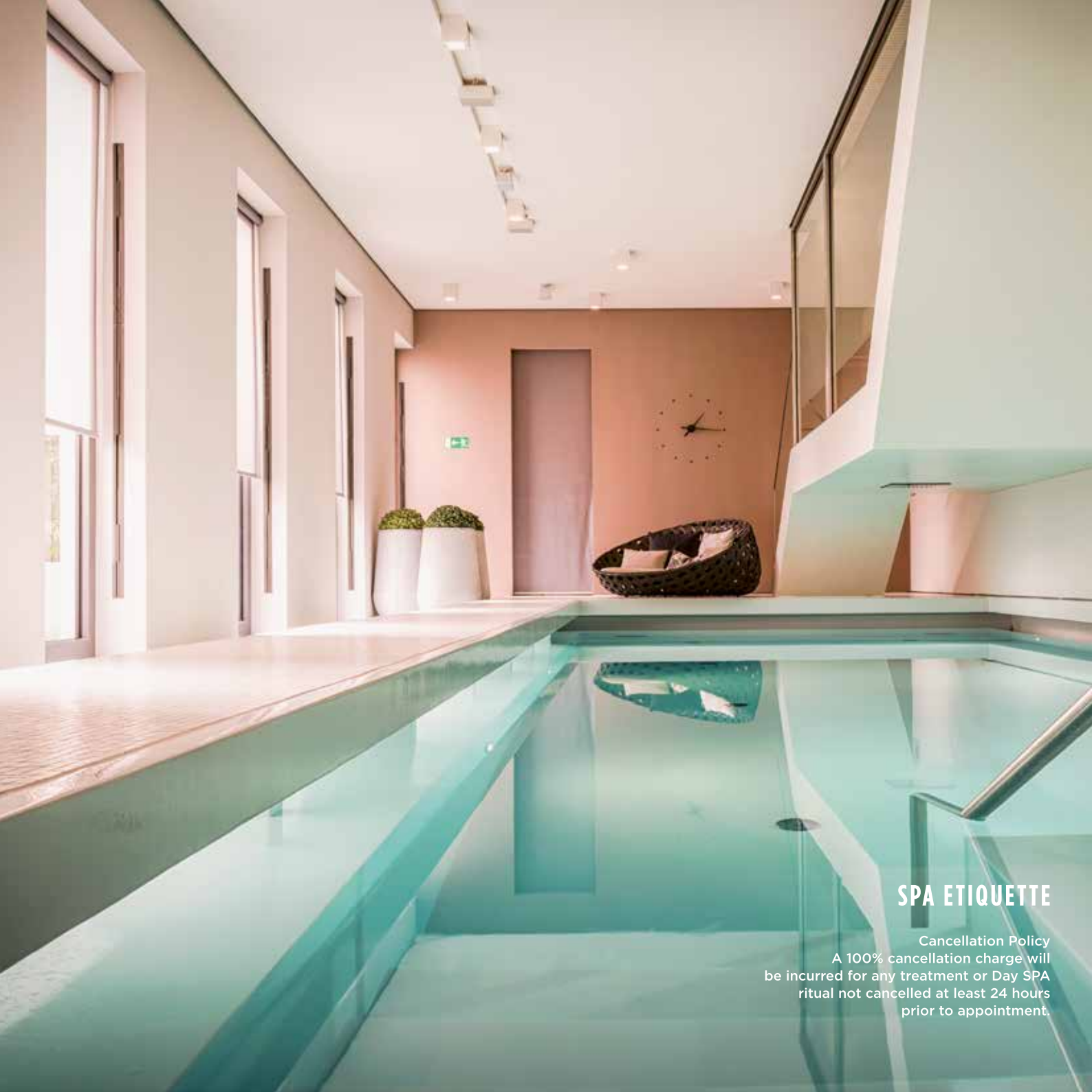
PRODUCTS

SUSANNE KAUFMANN™ organic treats

The ingredients for our applications come from the plants of the Bregenz Forest. Their original powers have been worked into an innovative, highly effective care system for the face, body and overall wellbeing. The proportion of energy-rich active ingredients is particularly high in all SUSANNE KAUFMANN™ products. The strictest ecological principles form the basis of everything we do:

- All products are manufactured with the utmost care in a small factory in the Bregenz Forest.
- The plant ingredients used come from our own ecological herb cultivation and wild collections.
- Each product batch is personally checked by SUSANNE KAUFMANN™ before being bottled by hand.
- Instead of the paraben-based products normally found in industrially manufactured cosmetics, we use local oils, herbal extracts and flower essences.
- Our products do not contain any chemical preservatives, colourings or PEG compounds. We reject the use of animal testing.





SPA ETIQUETTE

Cancellation Policy
A 100% cancellation charge will be incurred for any treatment or Day SPA ritual not cancelled at least 24 hours prior to appointment.

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