



CAPOVATICANO
RESORT THALASSO SPA



GALLERY
HOTEL
COLLECTION

THALASSO WELLNESS PROGRAMMES 4 DAYS

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MEDITERRANEAN BEAUTY - € 530

15 treatments

- 5 essential Thalassotherapy treatments
- 3 Zen massages
- 1 citrus peeling
- 2 moisturising packs
- 1 hand beauty treatment
- 1 foot beauty treatment
- 1 treatment for hair hydration
- 1 personalised moisturising and nourishing facial treatment with bergamot and organic honey

SILHOUETTE – € 490

13 treatments

- 4 sessions of marine detox
- 2 essential Thalassotherapy treatments
- 2 algae detox treatments
- 2 draining-slimming treatments
- 2 sessions of sea rain to reactivate microcirculation
- 1 session with personal trainer

SENSORY EXPERIENCE - € 450

9 treatments

- 2 sunset massages open air facing Stromboli vulcano
- 1 sleep ritual
- 4 sessions of autogenous training or yoga
- 1 massage with Tibetan bells
- 1 hot stone massage

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THALASSO WELLNESS PROGRAMMES 6 DAYS

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IN THE GARDENS OF THE GODS € 930

24 treatments

- 1 citrus peeling
- 1 Purity facial treatment
- 8 essential Thalassotherapy treatments, including 2 sea drains (on choice)
- 4 reshaping algae wraps
- 5 citrus sea baths
- 4 Bergamot Aroma Massages with draining action
- 1 scalp massage

MARINE RETREAT € 840

20 treatments

- 5 whirlpool sea baths
- 4 massages under sea rain
- 3 sessions of yoga and meditation at sunset
- 3 sessions in the water with music
- 1 foot reflexology session
- 2 sea muds wraps
- 1 sleep ritual
- 1 relaxing holistic massage

REMISE EN FORME € 800

18 treatments

- 1 Yoga session
- 2 wellness pathways
- 2 detox body peeling with silk skin effect
- 2 seaweed and sea mud wraps combined with lymphatic drainage massages
- 2 balneotherapies with heated sea water added with detoxifying active ingredients
- 1 anti-stress massage with personalised essential oils
- 1 Bamboo massage for draining and shaping
- 2 personalised facial treatments with purifying and regenerating action
- 1 revitalising and strengthening pack for hair based on marine trace elements
- 1 professional treatment for perfect feet
- 3 private fitness sessions with personal trainer

N.B. The programmes may be subject to change during the year. The treatments will take place in the morning and according to availability.

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